

**CULTIPLES #3:  
PANOPTICON AND THE  
GALLIFREYAN TRADITION SOCIETY**

**(AKA CASSANDRA OAKDOWN, TILANAY VONDRASAL,  
TALI'ZORAH VAS NORMANDY, SYSTEM OF RASSILON,  
APPREHENSIVE ACOLYTE, ETC.)**



**LB LEE**

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Many thanks go to the anonymous ex-followers and sources who went public about Panopticon's misbehavior and warned me of the violence coming my way, despite the risks to their own safety and sanity. Though I can not name you, you are the heroes of this story.

Special thanks goes to AUK, who went public, took years of trolling, stalking, and harassment for it, and helped a random stranger (me) realize that someone I considered a friend really wasn't. Thank you, AUK. May the future be kinder to you.

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## INTRODUCTION

Panopticon is a system who have gone by many, many names; a comprehensive (but far from complete) list of their handles is attached at the end of this book. They're mostly active on tumblr and Discord, preferring fandom spaces for Dr. Who, Homestuck, Firefly, Heroes, Mass Effect, Homestuck, and Elder Scrolls Online, among others. From these communities, they build role-play and pop culture pagan groups; RP is often the gateway to more intense activities, be they explicitly religious or wallpapered over as fandom or cultural reconstruction.

Panopticon portrays themselves as queer neurodiversity activists who fight against cult abuse and undue influence, but have admitted to running at least one "almost cult" themselves--the Gallifreyan Tradition Society (2017, September 11). Ostensibly a Dr. Who "cultural reconstruction group," GT mostly ran intense harassment campaigns of Panopticon's critics, ex-friends, and ex-followers. Though I was never a member, Panopticon tried to get me to join in on two of their harassment campaigns, and I became the target of another.

This write-up is not a full history of the Gallifreyan Tradition Society, or the other groups that Panopticon has run. Instead, it is a microcosm of Panopticon's misbehavior, focusing purely on the harassment campaigns that they embarked on from 2016-2018, using members of GT as their attack dogs. Their actions include stalking, spying, years-long trolling, inducing victims to attempt suicide, and causing me to face threats of physical violence at my workplace, and those are just the things that Panopticon has publicly admitted to.

Panopticon is very good at saying the right things, reblogging the correct sentiments, affecting the posture of a warrior fighting injustice, but strip away their words and their actions are horrendous. Let's go through them together.

## REGARDING PRONOUNS, CONJUGATIONS, AND TERMINOLOGY

For those who are not plural or in fandom, the linguistic and grammatical hurdles can seem harrowing. I try very hard to avoid jargon, but that's not always possible. Thus, a brief word of explanation and list of terms:

- **Multiple:** more than one person who lives in the same body.
- **Singlet:** one person who is the sole tenant of their body.
- **Plural:** a general-purpose term to cover the full spectrum of multiples and people who are multiple-ish--people who are only multiple at certain times, or are in-between, and so on.
- **System:** refers to a group of headmates as a whole.
- **System member:** one person within a group of headmates.
- **Headmate:** a person someone shares a body with.
- **Fictionkin:** someone who believes themselves to be a fictional character, sometimes in a past life, sometimes a present one.

So, for instance, Panopticon is the system, Cass a system member; Rassilon is their headmate. They are multiple, plural, and fictionkin. Being fictionkin for them seems to be part of a spiritual experience, wrapped in their ideas of being reincarnated incarnations of a Time Lord, a Quarian, and other figures from pop culture.

When referring to the group as a whole (or when I'm uncertain who's speaking), I will say "Panopticon" and "they." Otherwise, I will use the individual's name and pronouns, such as "Rassilon" and "he."

I have stumbled across sources who have changed pronouns under time; when in doubt, I use the pronouns others used around them during that time, or just plain "they."

Since I do not know how Panopticon's system feels about verb conjugations, for simplicity's sake I will use constructions like "Panopticon is," rather than "Panopticon are," since I know it comes off as strange to people not used to it.

Although I myself am multiple, I will be using singular pronouns throughout the write-up. This is purely for convenience to keep the reader from getting confused or distracted.

The next section is purely for reference purposes; skip it if you want to get to the story.

## **A NOTE REGARDING CITATIONS...**

Panopticon has used many, many names over the years, and they usually use multiple screen-names for a single system member. They also run dozens of accounts at a time, dropping and changing them at the drop of a hat, making them difficult to track. This is to Panopticon's benefit, allowing them to bury their history and remake themselves. In the interest of standardization, citations of all Panopticon's system members will be listed under the name of Panopticon, even though they no longer use this group name. Sometimes, to avoid confusion, I will reaffirm which system a member belongs to by referring to "so-and-so of such-and-such system," such as "Cass of Panopticon."

Due to Panopticon's penchant for stalking and harassment, and the sensitivity of the material, I will be using pseudonyms for some folks, and some sources will only be available upon request.

The Internet moves fast, and Panopticon are quick to purge their accounts, so large swathes of my sources have been deleted, locked, or otherwise lost. As a result, I will be replacing these sources with screen-caps from my own downloaded copies, with file names identical to their in-line citations and zipped together so that my facts can be checked. All of my cited sources were originally gleaned from publicly accessible records, with the following exceptions:

- Private communications between me and Panopticon (used only to prove their attempts to get me to harass others).



- The GT Discord messages in which they brag about getting revenge on me and announce GT's shut-down.
- A locked post made by a mutual friend, used with their permission.
- Access-locked posts from Panopticon's Dreamwidth that they gave me access to, used solely to prove they've boasted about causing harm to others.

I consider the private messages and Discord messages fair game, since their content is entirely based around harassing others. Screenshots of the locked Dreamwidth posts, however, will only be available upon specific request. It's not ideal, but it's the only way I could think of to respect Panopticon's privacy while not covering up their misbehavior.

With all that said, let's get on with it.

## DRAMATIS PERSONAE

Due to Panopticon's reincarnations, it is very difficult to tell who is a past life and who is a separate system member. I have done my best to disambiguate, but readily accept I've likely made errors. This is not a complete listing; I am referring only to system members who are noted in this write-up.

### PANOPTICON SYSTEM MEMBERS

*Cassandra "Cass" Oakdown*: "acolyte to [Rassilon] Prydonius" (2018, April 10). Nonbinary, queer, Time Lord. The host. Main frontier. Fictionkin with past lives as Kaylee from *Firefly*, Nepeta from *Homestuck*, and Tali'Zorah from *Mass Effect*, so they switch between those names and handles. They seem to have reinvented themselves as TZ. Involved in every harassment campaign I know of.

*Tali'Zorah vas Normandy*, AKA *Taliesin*, *Tali*, and *TZ Gray*: Pretty sure this is Cass again, reinvented, but I'm uncertain enough that I'm giving TZ their own listing. The current public identity; the last name comes from Sylar from *Heroes*. They worship Almalexia from *Elder Scrolls Online*. Also uses the same name as "Tilanay Vondrasal" at times, but seems to be distinct from the RP character.

*Tilanay Vondrasal* (AKA Tila or Nay): [A self-insert RP OC from Elder Scrolls Online](#) (2018, November 21). In TZ's words, "tilanay and I are two branches of the same tree. we share a source, but our paths diverged long ago" ([2018, December 21](#)). Her name is an

anagram of "Tali vas Normandy" with the stray letters forming "ALM," the canonical abbreviation of Almalexia.

*R. [Rassilon] Prydonius*: "main in-system authority | patron [god] to Corvalis and Cass" (ibid.) main fronter. Took part in the Secretgal harassment campaign and the AUK harassment campaign, while the Toast and Trump Wanks of Rassilon were both staked on his behalf. Seems to have gone underground with the fall of GT; [possibly integrated with Almalexia and other Elder Scrolls gods that TZ worships](#) (2018, December 15b).

*Almalexia*: Goddess of Compassion from Elder Scrolls online, TZ's current primary goddess (2018, December 15b). Referred to as "Mom" ([2018, September 6](#)). I don't know if she's an actual headmate or not, but if Panopticon's pattern holds, she will become one if she isn't already.

*River*: Main fronter, but seems to have gone underground with the fall of GT. Involved in the Secretgal and HIY harassment campaigns.

*Astrid*: "dating Cass sort of | precious conspiracy child" (Panopticon, 2018 April 8) who seems to have gone underground with the fall of the Gallifreyan Tradition Society. Involved in the HIY harassment campaign.

*Corvalis*: "is lowkey an ancient gallifreyan) | they/them | acolyte (sort of?) to R. Prydonius [...] debatably The Other" (2018, April 8). Involved in the Secretgal harassment campaign.

*Signless*: Cass is his descendant and Disciple (2018, April 8). Took part in the harassment against Secretgal.

*Sofia Lamb*: "she/her | cult leader | psychiatrist | the literal Pythia | everything the rest of us despise" (2018, April 8). Possibly part of the Analog Theory, doomed to be overthrown for the Intuitive Revolution.

## **OTHER PLAYERS (IN ORDER OF APPEARANCE)**

*Secretgal*: AKA Katrina AKA Shannon. A Christian fanfic writer, Doctor Who fictionkin, and friend of Cass of Panopticon's, only to be repainted as a pedophilic cult leader and targeted for intense harassment.

*ihasfandom*: A friend of Cass and Secretgal, also accused Secretgal of being a cult leader and child sex offender.

*Isa*: Panopticon's roommate for roughly a year in the Gallifreyan Tradition offline house, which held at least one adoption ceremony. President of the Gallifreyan Tradition Society from March to September 2018. Part of the Secretgal harassment campaign and the Trump Wank of Rassilon, but apparently not a part of the campaign against me, which led to her leaving GT and later calling it a cult led by Panopticon.

*HiY*: President of the Gallifreyan Tradition Society from July to December 2017. Left under mysterious circumstances to create New Gallifrey, becomes a target of a harassment campaign. Part of the Toast Wank of Rassilon.

*Shilo*: AKA [ANATHEMA]. Involved in the Toast Wank of Rassilon and the Trump Wank of Rassilon. Got declared Anathema (excommunicated) and according to Cass baked manipulation into the very foundations of GT. New Gallifrey and the Gallifreyan Tradition Society displayed solidarity to try and keep him from returning to their spaces.

*AUK*: Ex-friend of Panopticon, ended up in the mental hospital and went public saying that GT was a cult and Panopticon the leader. Became a huge target for harassment, stalking, and spying; ended up mostly disappearing from tumblr for a year as a result.

*Narvin*: Claimed responsibility for the spying operation on AUK. Seems to have left the Gallifreyan Tradition Society after its official break-up.

# THE GALLIFREYAN TRADITION SOCIETY

I didn't want to get into this, but it is impossible to discuss Panopticon's harassment campaigns without a quick explanation of the history and founding of the Gallifreyan Tradition Society. I want to emphasize that the GT is not the focus of this write-up; it is merely an appendage of Panopticon.

Cass was joking about creating a Doctor Who religious group/cult as early as 2014. On their old Google+ account, [they asked](#), "What if we Whovians had our own religion?" (December 8). They also talked about trying to get their stepmother into the TV show, saying, "she refuses to watch Doctor Who, but loves The X-Files, and I think that Torchwood would be a good way to convert her to our little Whovian cult" (2015, January 14). It's far from the only time they joke about founding a cult (2015, March 18, comment #7) This could be passed off as innocent adolescent joking, except that, well. All of it will eventually come true.

The Gallifreyan Tradition Wikipedia acknowledges on their History page that "the first incarnation of GT [...] presented itself as explicitly religious in nature" (Unknown Date C). By 2015, Cass is posting on their sola-ai, "How would you react to somebody telling you they started their own religion? (Just trying to her an idea of how people w[ould react])" (2015, May 7). When asked about it in the comments, they state their intention is "to get everything in order before I go public with the Tradition... however, I need a sounding board to make sure it all makes sense" (ibid). In another post, they write that "one of the main ideas of the Gallifreyan Tradition is to leave people alone unless they're throwing off the universal balance: aka,

discriminating against people who are doing them no harm, taking a life for any reason besides self-defense or survival, or unfairly exercising power. We have nothing against power or its applications, only if it is applied selfishly or for unjust purposes" (2015, May 16). This will become justification for the harassment campaigns.

The Gallifreyan Tradition Society gets its tumblr account (now deleted) created on June 5, 2015, but I don't see the tag being used until a few months later (Lirija, October 14). By December, they're advertising (Lirija, 2015 December 23), and a few days later, Cass writes, "I have based my spiritual practices off of a fictional society. Namely, the society of Gallifrey, as shown in Doctor Who and its related media. I am part of a group (I guess you could call it a coven, but we don't, we just call it our group) of about five others besides myself who hold similar beliefs. The main entity that I work with is Rassilon. He's usually a villain in any media featuring him, but I prefer to see him in the same light as the Time Lords see him-- as a leader, protector, and bringer of wisdom" (2015, December 26). A few days after that, Lirija is posting about creating a real-life Gallifreyan Tradition commune in Canada, which never pans out (2015, December 30)

Lirija, ex-followers tell me, was one of the co-founders of the group, but they disappear within a year and a half, and the 2018-era GT Wikipedia only once mentions them, focusing more on Cass of Panopticon as the founder. The context of Lirija's departure is unknown. Despite talking about founding a commune, their web presence seems comparatively benign, though I didn't search thoroughly; they mostly post art and meta. Later, during the Rassilon Trump Wank, they step up to stop the harassment, expressing displeasure at GT's behavior and fixation

on protecting Rassilon.

By the time I become aware of GT, the group has publicly sloughed its original religious roots, claiming to be a "cultural reconstruction group" instead, focused on rebuilding Gallifreyan culture and values on Earth. But I want to make it clear, this group was originally religious in intent, and seeing how Panopticon has now founded another church, this one for Elder Scrolls Online (2019, January 11), I feel confident in stating that founding a religion was their goal at the start, and still is today.

In their initial discussion of creating the Gallifreyan Tradition, Cass claims that, "I'm not doing this for me. I'm doing this to improve lives, to help make the world a little better where I can," (2015, May 7, comment #18). But I don't believe this is true. As will become clear, over the years, Panopticon will use GT to embark on harassment campaigns of their enemies, exhort violence, stalk and infiltrate and abuse, all in the name of protecting neutrality and the universal balance. And then if called a cult, they will claim they are the ones being maliciously slandered, and that this justifies even more stalking and harassment.

Now, on to the harassment campaigns themselves.



## **CONFESS TO YOUR CRIMES: SECRETGAL (MAY 2016-NOVEMBER 2017)**

Secretgal first appears talking to Panopticon in their Google+ comments around November 5, 2014. At this time, Cass looks to already be a Time Lord Gallifreyan fictionkin who believes that Doctor Who is real. They state, "I actually believe that I am at least part Gallifreyan. [...] the character of the Doctor kind of produced this weird kind of stirring in the pit of my stomach. Not that I was attracted to him, but that I /was/ him. His kind" (2014, November 11).

Secretgal responds that she wants to talk, and the two become friends, running Doctor Who role-play communities together. The role-play groups are now mostly deleted or locked, so I can say nothing of substance about them. During this time, Cass introduces Secretgal to another person, ihasfandom (2015, February 15), who'll prove relevant later. November 2, 2015 is the last time I see Secretgal in Panopticon's Google+ comments, meaning their friendship lasts roughly a year.

Come May of 2016, Panopticon and ihasfandom are claiming that Secretgal is a cult leader, and that her role-play groups are cults intended to persuade followers that Doctor Who is real (ihasfandom, 2016 May 13). This is how I end up first becoming aware of Panopticon; around 6/7/2016, Cass sends me a series of tumblr messages about their alleged experiences:

"I used to know a girl who claimed to be the Doctor's long lost daughter from Gallifrey and that everything in DW [Doctor Who] is physically real in this universe. She also claimed there

was some kind of Secret War going on that only she and her followers knew about, with the Daleks and shit trying to enslave humanity. She also has an ongoing multi-book chronicle of her supposed 'experiences,' that read like a cross between L. Ron Hubbard and Tara Gilesbie. For a long time, she was running online 'classes' in things like combat and telepathy, that we could supposedly use to 'protect ourselves and defend humanity' in the coming war. This group of hers is mainly on google+ where she operates under the name [REDACTED], though she has a tumblr, [REDACTED]. She's also [REDACTED] on Wattpad, where she publishes the ongoing Secret Life/Secret War/Secret Journey book series I mentioned early. In addition to these books, she has several self-insert fanfictions that often involved graphic depictions of kidnapping and torture and sometimes feature OCs based on other members of the group. [...] Onto the creepy stuff: she's got a talent for learning and exploiting people's weaknesses, for instance one time she recruited a member into her group immediately after talking him out of suicide, and she is known to guilt people into coming back after they leave the group by leaving them a fuck ton of messages on chat wondering if they've been captured or killed. She also claims to be multiple, but I'm fairly certain this is just a manipulation tactic, as she subscribes more to the 'Jekyll and Hyde' depiction of multiplicity that's usually seen in pop culture. In addition, she's 18 years old and has tried to initiate a sexual/romantic relationship with a then 13 year old girl. Anyway my point is that this is definitely a person to be watched out for. She's been known to go by the name Shannon, Katrina, Crystal, and [REDACTED]."

At first, I'm credulous of Panopticon's claims, enough so that I plan a cult write-up of Secretgal. Panopticon never exactly

requests outright that I do so; they just make it very clear [how much they'll like it if I do](#) (2017, February 23). I start gathering sources.

Or rather, I try to. For two and a half years, I ransack Secretgal's Internet presence, and I can find barely any sources on her alleged misbehavior.

I should have been suspicious right away. "She's 18 years old" is written in the present tense; the younger party, on the other hand, is written as a "then 13 year old," implying that at least one birthday has passed since then. So from the start, the age gap is being exaggerated to appear like a child sex crime. But if this took place during the time of Secretgal and Cass's friendship, and if Secretgal's age is correct, that would be an attempted relationship between a thirteen and a sixteen year old. However, even those basic facts are under dispute.

Once I strip away the myriad screen-names, I discover that all of the firsthand accusations about Secretgal come from Panopticon and ihasfandom (2016, May 22). Neither of them offer any sources except their word, and what claims they do make contain glaring errors. In ihasfandom's PSA, Secretgal is seventeen, not eighteen. But it might not have even been Secretgal who was involved with the thirteen-year-old in the first place! According to ihasfandom, "[Secretgal] has a bad side, named serena [sic]. whenever she does something wrong, she blames it on serena and says that she cannot be held responsible." They reiterate Cass's statement about the younger child, but with one vital difference: "[Secretgal] has also attempted to engage in sexual/romantic acts with at least one 13 year old, and when blocked, said it was actually serena and not her."

Serena's name is Serina, with an I, and she is clearly a completely different person from Secretgal; she uses a spell check on Wattpad and writes in a completely different style. Panopticon realizes this, come September 2017; Cass refers to her as "one of Katrina's followers" (citation available upon request), but not once do they or ihasfandom ever correct their mistake. So those child sex accusations not only seem to have exaggerated the age gap, but they may very well be attributed to the wrong person!

Only once does Panopticon offer anything resembling substantiation of any of their allegations. Under condition of anonymity, and at my request, Cass privately sends me "proof" of Secretgal's abuse on February 24, 2017, explaining that their then-partner infiltrated Secretgal's circle, and that "when [REDACTED] did this, she did it under an assumed name and persona--a twelve-year-old girl named Emma [sic]. We're all very well aware that there are some ethical problems with her impersonating a young child to speak to Katrina, but it was the surest way that she could gain access. And besides, it was her idea." These messages reiterate the idea that "Serina is a sockpuppet account," despite the obvious differences in typing style; Serina is more coherent and formal.

The screen-caps are useless, as anyone checking my appendices can see; I've included all of them for consistency. There's no date stamp, for one thing, and Panopticon provides me with none, so it's impossible to know when the events took place. There are clearly large gaps in the conversation, losing vital context; did these conversations take place over hours, days, weeks? And the whole conversation is strange. There's no grooming, no bait, no careful easing in; Secretgal seems to go

straight to, "Hello, stranger, I'm the Doctor's daughter and Doctor Who is real and you're a Gallifreyan/human hybrid!"

The whole point of cult recruitment is false pretenses; a follower thinks they're joining a health group, a business seminar, a fandom role-play, when really they're providing free labor, adoration, money, or sex to a leader. But Secretgal does none of that. She seems to come clean nigh-instantly about who she is and what she's doing. Or, if there is a grooming process, it's impossible to tell because there's no date stamp or context to make sense of it! So the screen-caps don't prove anything of substance; what little material there is looks more like an online role-play than a cult recruitment.

The chat log itself is now lost, due to deleting my account, but I remember expressing my confusion to Panopticon over tumblr chat, perplexed as to how this girl could hook anyone. Her writing seems to be that of a young girl having fun; she misspells her old screen name (Unknown Date C), and the titles of her fics (Unknown Date D). Where is the charisma, the power?

If a cult leader uses writing as part of their magnetism, then it's imperative for the writing to have a certain level of technical polish and allure to be attractive. Secretgal's has none of that, and presumably her role-playing isn't much better. And if her writing or role-play doesn't recruit people, how does she do it?

Panopticon never answered with specific details, and never has, far as I can tell. At best, Cass only uses generalisms, vagueness like "she manipulates your perception of reality. she makes you think that anything out of the ordinary is the result of an overarching conspiracy" (ihasfandom, 2016 May 22) or "fandom is the method by which she convinces people to listen to

her, and to believe her story" (Panopticon, 2016 December 31, paragraph 28). But how? What are examples? Panopticon never says. It seems you just had to be there.

It's been over two years since ihasfandom and Panopticon's original call-out posts, and the ONLY evidence Panopticon or ihasfandom have provided is that useless chatlog and another from ihasfandom (2016, October 23). That one also lacks context and clear time-stamp; it's unclear what's even going on. The original post has no context or explanation; in a deleted one in the reblog chain, ihasfandom says only that "katrina is once again being transphobic, homophobic, and (indirectly) showcasing her p-shifting [physical transformation into a time lord]" (thatonekrazychick, 2016 October 23) but it's unclear what they mean by that; Secretgal never says she's transforming, or implies anything of that nature. All it proves is that Secretgal is a homophobic and transphobic teenager, which is not the same as being a cult leading child sex criminal.

Out of desperation for some kind of context or explanation, I start reading Secretgal's fanfiction (Unknown Date A), but it doesn't bring to light any hidden villainy on her part. With the lack of spell-check and the odd formatting, the writing reminds me of that of a child having fun writing about her friends in an imaginary world. The more I read, the more convinced I become that she isn't a cult leader at all, just a girl with her Doctor Who goggles screwed on too tight, at worst a private homophobe who believes a lot of unusual things.

Then I find the troll comments on Secretgal's stories, left by Panopticon and Isa, another member of the Gallifreyan Tradition Society. The comments have long since been deleted, but Wattpad keeps ghosts of them on the commenters' activity

pages, buried under an eternity of scrolling. It turns out that Panopticon is a liar. They weren't stalked and trolled by Secretgal; she was the one stalked and trolled by them (Panopticon, 2016 October 9, 25, and 30; Isa, 2016 October 9, 25, and 30; 2017 July 4 and September 4). Among the comments:

"This is... Absolutely hilarious, honestly. A modern-day Ebony Dark'ness Dementia Raven Way. [...] Tell us again how these words manipulate so many?" (Panopticon, 2016 October 9d).

"Being sent off of Gallifrey and hidden as a human isn't done for safety. This isn't Superman. Being sent to any other planet is an exile, a punishment, and it sucks. [...] I would have hoped that one who claims to be a Time Lord (and the proper term is Time Lady) would have more sense than to write about her adventures and tell every human she comes across about herself. [...] Or, at least if said Time Lady had to tell her story, she would endeavor to be more accurate in the portrayal of the Doctor's family and home life, not to mention Gallifreyan customs" (Isa, 2016 October 9).

"Speaking of Gods, where and how does the Christian God fit into all this? I think this is the first you have mentioned of Him. [...] Torchwood and FEMA working together? If it's the human FEMA [...], not only would they not have anything to do with Torchwood, they wouldn't even know about Torchwood, because Torchwood's whole M.O. is staying out of sight." (Isa, 2016 October 25)

And when Secretgal responds about her religion: "Our people do not even believe in a creator god. Rather, we believe in a multifaceted Universal Consciousness. If you want to claim to

be one of us, please do your research." (Panopticon, 2016 October 25c).

"Disgusting" (Panopticon, 2016 October 30).

"Is there ANY Time Lord other than the Doctor whose name you won't cheerfully drag through the mud? [...] Do you realize the harm you are doing? To the Time Lords? Their History [sic], and to those who follow you? And to your readers' ideas of how Time Lords get their 'powers' as you call them?" (Isa, 2016 October 30 #1).

"If the barriers between the multiverse are breaking down that badly and it's all coming here, we have a LOT more to worry about than a single war. And I think most people would notice it. Stuff like that doesn't happen quietly. [...] how can you claim parallel universes, while claiming at the same time that our TV show Doctor Who is real, especially when virtually NONE of these characters are behaving in any way, shape, or form near canon?" (Isa, 2016 October 30, #2-3)

"You do realized that the Doctor and the Master weren't even from the same House, right? One is an Oakdown and the other a Lungbarrow." (Isa, 2017 July 4).

Panopticon and Isa aren't treating Secretgal like a cult leader. Cult leaders are dangerous, scary people who are infamous for carpet-bombing anyone who criticizes them, but not once do Panopticon or Isa seem afraid. Isa is so not afraid that she even links her legal last name and her Facebook to the account she trolls Secretgal with (Isa, Unknown Date), though at least she locks it at some point. Panopticon is not much better; their Wattpad handle, ourSanctuary, is a reference to the Sanctuary role-play group and fanfiction that crossed over with Secretgal's Legacy Academy in 2015 (Panopticon, 2015 November



4, paragraph 186; Taurus, 2015 August 21). Its premise, appropriately, was child Gallifreyans being hidden on Earth as humans for their safety--the very premise Isa excoriates Secretgal for, and a premise which Panopticon is still writing today (2018, September 16). It's all so blatant that Serina clocks Cass's identity in one comment (2017, September 4b), but Panopticon never shows any concern for their safety.

Instead, they and Isa treat Secretgal like a stupid child, sneering at her and picking at her spelling mistakes, her religion, her interpretation of Gallifreyan lore. Rassilon goes so far as to [post a vaguely threatening excoriation of her publicly on Panopticon's Wattpad](#), on what appears to be roughly the one-year anniversary of the dissolution of Cass and Secretgal's friendship (2016, November 2):

*"We have thought, on several occasions, to extend an olive branch of peace to you and yours. But you have proven yourself unworthy of it. You have continued to manipulate others as you manipulated [Cass]. As you manipulated those close to her.*

*"Confess to the crimes that you have committed. Be prepared to face judgement [sic] for them.*

*"For your bigotry. For your lies. For your manipulation.*

*"Because our People do not take these offenses likely."*

Secretgal comments there, but she clearly doesn't understand; all she says is, "I'm confused on what's going on here in this book." (Cass's response is deleted, but [the activity page](#) coughs it up: "It's a diary kept by the members of our system.")

Secretgal's responses to the trolling comments are also saved by her activity page, though it requires a lot of scrolling; she expresses confusion, mostly. She tries to defend herself, saying, "What I write is truth. [...] I have my reasons for

everything I do. Including calling everyone the same gender as far as the timelord [sic] rank goes. I don't care much for pride because I always thought it was silly and I'm more lakes [sic] back. Now if you have anymore things you want to yell at me about just ask yourself is you yelling at me prideful in any least? And so froth [sic] I think you should check before you accuse me of not knowing what I'm doing." (2017, September 5). It's all very tame, and not once does she lash out or say anything cruel, homophobic, or nasty.

Mostly, though she doesn't respond at all; she just silently deletes and moves on, which Cass taunts her for: "Nice job deleting all your criticism, friendo" (2016, October 25a). Secretgal deletes that one as well.

Only one person comes to defend Secretgal: Serina, the person who got mistaken for Secretgal the year prior (2017, September 4a and b). Seeing her typing style and impeccable spelling, it's boggling that she could ever have been mistaken for Secretgal, but regardless, Serina isn't cruel or nasty either, only firm: "Can we all please stop fighting? Why yell at someone you hardly know?" She also pegs Isa for why she's there: "One of Cass's acquaintances? If so, why do you insist on harassing her? What has she done to you? Has she harmed you in any way?"

If Secretgal IS a cult leader, why isn't she acting like one? Where is the torrents of abuse on multiple platforms, the tidal wave of followers, the desperate attempts to shut Isa and Panopticon up? But she does none of these things. Panopticon does.

Panopticon's harassment campaign of Secretgal lasts significantly longer than their friendship. There is the call-out post in May of 2016, the PMs with me in June, the blitzes of

Wattpad comments plus another ihasfandom call-out post in October (ihasfandom, October 23), followed by more public posts in November... there's basically at least one public monthly post about Secretgal's odious cultish ways all the way up until November of 2017. (And that only changes because Panopticon finds a new primary target in HIY, who will have their own chapter. Secretgal still gets sporadic posts in 2018.)

This isn't just individual trolling either; it's a group affair. Isa takes part, as does ihasfandom. Panopticon tries to get me to attack Secretgal as a cult leader, sends Cass's now-ex-partner to infiltrate her, and gets at least [two](#) different groups to ridicule her fanfiction (Andiliteman and Ceseigh, 2016 December 20; Anonymous, 2017 May 29). That's at least half a dozen people being sicced on someone over the course of a year and a half, and there's likely more I just never hear about.

Why does this happen? For the same reasons that most people like bullying in groups. Not only is it easier to pick on someone who's outnumbered, but it becomes a form of social bonding, a way to reify in-group solidarity. Panopticon is validated as the brave survivor and Secretgal as the repellent abuser, and by taking part in what appears to be a brave, virtuous fight against a monster, Panopticon's friends are able to show how much they care, how enlightened they are. They can justify each other's behavior and pretend that they're taking concrete steps to make the world a happier, more abuse-free place, instead of mocking a stranger's fanfiction. In the topsy-turvy reverse reality Panopticon creates, they aren't the bullies; they're fighting them.

Panopticon is happy to do some of their own dirty work, though. It's not enough to have their friends laugh at Secretgal's fanfiction; Cass [makes a blog for the same purpose](#) (Panopticon,

2017 March 12). On top of all this, Panopticon attempts to write a book as a "TAKE THAT, KATRINA, YOU LITTLE BITCH" (2017, November 14) and makes [post](#) (2018 February 20) after post about her (who-is-page, 2016 May 13).

Now, tell me: who acts like the creepy cult leader here? Secretgal, or Panopticon?

And just for the sake of argument, say I'm wrong. Say Secretgal is a cult leader and somehow keeps all of it hidden and private, even though she doesn't hide the fact that she thinks the moon is hollow (2018, May 3) and that Doctor Who is all real life (2017, August 21). Say she is in fact dangerous, even though neither Panopticon nor their attack dogs seem worried for their own safety or in danger.

How is any of this harassment going to help?

How does mocking Secretgal's spelling protect potential victims? How does ridiculing her understanding of Gallifreyan lore keep anyone safe? How does pointing and laughing at her fanfiction do anything at all of substance?

It doesn't. Because the point isn't helping people or keeping them safe. It's all about propping up Panopticon as a brave survivor and degrading Secretgal, making her hurt. Think of that ominous vaguepost diary Rassilon wrote, the one exhorting Secretgal to confess her sins. What use could it possibly serve, asides from scaring her? If a hypothetical future victim found the diary, they wouldn't even know who it was about, or how to defend themselves! It serves no practical purpose for victims, past, present, or future!

But it does serve a purpose for Panopticon, especially Cass. They use their "Secretgal cult experience" as a sort of passport to survivor spaces. They get to triumph over evil again and again as

they rehash the story, get to have other people defend them, protect them, comfort them. It transforms ordinary schoolyard bullying into triumph over abuse, and lets other people play noble supporting heroic roles in the grand legend. They get access to survivors in the guise of being a peer, when in fact they want prey.

And it works. Which leads us to toast.

# ALL THIS FOR A LOAF OF BREAD: THE TOAST WANK OF RASSILON (NOVEMBER 2016-JUNE 2017)

In 2016, Panopticon stages a harassment campaign because of a toast joke. Yes, really.

At that time, doctorwhokinfections is an anonymous ask tumblr for Doctor Who fictionkin to leave their confessions--who they miss, who they care about, things like that. On the fateful day of November 29, 2016, one anonymous [leaves the following message](#): "Dat feel when ur making toast and Radsilon comes and claims it as the toast of Rassilon and eats it b4 u. (Left the typo in his name cos it was kinda funny)" (doctorwhokinfections, 2017 June 28a). There is no other content; that is the entire message.

The post is clearly random silliness, not meant to be taken seriously, but Panopticon perceives it as a personal attack. Cass in anonymous mode immediately descends to say, "@ Toast of Rassilon anon please kindly stop imitating me and mine. It's not funny and if there really was an alternate version of my Patron [Rassilon] out there we would've heard about him" (ibid). The next day, a Gallifreyan Tradition follower I know as Shilo appears to say, "for many of ours with soulbonds, said soulbonds are damn near what Humans call Guardian Angels. To call oneself 'Toast of Rassilon' is beyond 'irritating;' it is borderline disrespectful [...] show some respect." Within twelve hours of the original post, an anon notes, "awfully funny how toast!anon hasn't showed up to plead their case" (ibid). It seems a safe

presumption that this anon is also one of Panopticon's followers, or Panopticon themselves; who else would care?

Apparently there are more messages that never get posted at all, because [the mod finally posts](#), "Okay no more confessions about the Toast Discourse unless the original Toast!Anon sends something in. This is getting a bit too extreme" with an Aladdin gif reading "all this for a loaf of bread?" (doctorwhokinfections, 2017 June 28b)

The original anon comes back a few days later, and seems understandably taken aback by the furor. They say, "I did not intend for it to come off so troll-ish. I suppose it would come off as such without prior context" (ibid). It's far more benefit of the doubt than Rassilon of Panopticon gives; he makes some semblance of an apology, but mostly it's an excuse to berate: "Toast anon, we apologize for our previous assumptions about you and yours. Though, in the future, please do try to show a bit more respect to the version of me that you have with you. I am not asking that you emulate the [religious devotional] relationship that I have with my Acolyte, but that you try to be mindful of who it is that you are hosting" (ibid).

Toast Anon later posts that their Rassilon wasn't against the idea of them posting the joke, and also that "this is why I'm too scared to come out and fully integrate into the kinmunity" (ibid). Who can blame them?

At this time, Rassilon is [Cass's "literal deity"](#) (2017, May 27). But Rassilon is not just Cass's god; he's a headmate, a person who interacts with other people in this world, and to quote [Kerry Dawkins from the Sylvans System](#): "Thor still has to pay the bills. Lord Voldemort still has to hand in his time sheet. Batman still has to sweep the floor. The Snow Queen still has to finish that

work project" (Sylvans, 2017). Whatever his status in Panopticon's system, Rassilon still has to be an ordinary person when interacting with other people in our world. By acting as though all Rassilons deserve a certain level of formality and respect, just because they're Rassilon, Panopticon is dictating how a random stranger speaks to another, and claiming religious reasons for doing so.

Considering this behavior, more unsettling connotations come up than just a silly Internet fight about toast. Rassilon is a fronting member of Panopticon, and his acolyte Cass is at this time the President of the Gallifreyan Tradition Society. The GT in turn is based on reconstructing the culture that Rassilon founded. Venerating him as a personal deity is one thing, but Panopticon seem unable to differentiate their personal beliefs about Rassilon from how the greater world should treat him. That begs the question: are Gallifreyan Tradition members obliged to treat Rassilon with the same "respect" that Cass does? Panopticon jokes [about this as an absurdity](#) (2017, August 27a), but look at how members of Gallifreyan Tradition stride forth to protect Rassilon's honor from the indignity of toast. They aren't acting like people helping a friend; they're acting like worshipers protecting their god. This won't be the only time, either.

The community of doctorwhokinfections may not seem to fully understand what Panopticon and GT's problem is, but they do seem to recognize the absurdity of it all. In response, for the following six months, they celebrate the 27th of every month by [discussing their favorite things about toast](#) (Anonymous, 2017 June 28c). This is not a euphemism for mocking Panopticon, who is never mentioned. They are purely discussing things like whether they prefer Nutella, butter, or jam. It is utterly harmless



and silly, but Panopticon keeps reading and getting angry about it.

Finally, six months later, [Panopticon comes back](#) (2017, June 28d). But they don't back down about their initial overreaction to the toast joke; instead, they claim victimhood, that Toast Discourse Day is being made solely to cause them pain: "I don't really see why toast discourse day is still a thing. I know that we made a terrible mistake, and we talked it over with the person we were attacking. Sorry if this comes off as confrontational, but I really just want to know why."

The mod responds, "I like to hear about everyone's opinions on toast" (ibid).

Panopticon clearly doesn't like that answer; a day later, a follower called HIY comes to defend their leader again, asking, "yo why is toast discourse day still a thing? It was funny at first, but at this point it's kinda ridiculous. Especially since it all stemmed from an autistic person thinking they were being mocked... which wasn't entirely unreasonable, considering that a lot of people in the fandom have mocked them and their spiritual beliefs" (ibid).

Indeed, this becomes Panopticon's narrative regarding Toast Discourse Day, that it's ableist spiritual harassment. A day after their follower's defense, they lick their wounds on tumblr via vaguepost: "What kind of world is the doctorwhokinfections mod living in where 'it's not okay to have a monthly special occasion on your blog devoted to making fun of an avoidant autistic person's insecurities' is harassment?" (2017, June 29). To which [the mod of doctorwhokinfections](#) vagueposts back: "When someone thinks a day were [sic] u talk about opinions on Toast is fucking harassment And also uses the fact their [sic] autistic as a

get out of jail free card when the person they're talking about is also Autistic LOL" (Missy, 2017 July 11).

The Toast of Rassilon may appear to be a minor, stupid thing among the stalking, abuse, and psychological breakdown, but it's a perfect encapsulation of Panopticon's misbehavior-- acting as spokesman for all Rassilons or Doctor Who fictionkin, taking the slightest joke as a personal attack, and then transforming it into a noble battle against oppression in which their followers take part as a form of social bonding.

Doctorwhokinfections ends up deleting their account not long after, due to the badgering from Panopticon and their followers. But even with the account gone, even with Toast Anon having backed down, if not disappeared, Cass still sees themselves as the wounded oppressed party, and doctorwhokinfections as the over-sensitive hysteric crying harassment. Cass rolls their eyes at doctorwhokinfections for deleting their account, saying, "I sent them one ask about that, [HIY] sent another ask voicing agreement, and the mods of DWK apparently think that constitutes harassment?" (2017, August 22). Apparently oblivious to the irony, in the same paragraph, they describe the Toast of Rassilon as "a monthly special occasion dedicated to harassing an avoidant autistic person over something that they already apologized for," even though Rassilon's apology was really a scolding in masquerade, which will also prove to be a common theme.

Eventually, doctorwhokinfections creates a new account, but relations only continue deteriorating.

# **DETRANSITIONED LESBIAN WOMBYN: AUK**

## **THE DOCTORWHOKIN SPY AND THE TRUMP WANK OF RASSILON (JANUARY 2017 ON)**

AUK, called "angry parrot noises" by Panopticon, is friends with them from roughly January to December 2016, at which point they are admitted to a mental hospital after multiple suicide attempts, which they attribute to Cass (2017, July 21).

In January, AUK makes a call-out post about their experience (2017, January 23), but it's the second one from July that goes into more detail stating, "The Gallifreyan Tradition is a cult, and the leader of that cult Cassandra Oakdown [of Panopticon] is an abusive person who personally contributed to my mental health breakdown that included but was not limited to self harm, suicidal idealization, and psychotic breaks from reality. Cassandra is a danger to the Doctor Who kin community and the Doctor Who fandom community at large" (2017, July 21, paragraph 2). AUK discloses their poor mental health right off the bat, along with an apology, because "I do not have screenshots of any of this" (paragraph 1). They do not try to pretend they are an absolutely reliable narrator.

Despite all of this, though, the concrete details of AUK's statements prove more fact-checkable than the cult claims about Secretgal. For instance, AUK notes that Cass is "'Lord President,' [of the Gallifreyan Tradition Society,] a title that even the Doctor himself in canon shunned. They hijack fandom posts to try and recruit members. They encourage their members to cyberbully –

I was unfortunately part of one of those attacks" (ibid., paragraph 18).

All of these things are provably true. The Toast of Rassilon and Secretgal harassment campaigns corroborate the cyberbullying part of AUK's story. As for Lord President, Panopticon claims that they were democratically elected to the title (2017, July 22), but the fact is, as a founder, they created the title; it's disingenuous to act as though the name was foisted upon them. It's also easy enough to find Panopticon recruiting for the Gallifreyan Tradition Society via fandom; they attempt to do it on the Gallifrey Rising Facebook group by becoming the [Coordinator of Gallifreyan Cultural Reconstruction](#) (Baggot, 2016 June 25), and running a couple unsuccessful AMAs on the subject (Panopticon, 2017 November 22). Eventually the relationship with Gallifrey Rising falls apart (Gallifreyan Tradition Society, Unknown Date A, Paragraph 2), though I don't know why.

Back in the call-out post, AUK goes into more detail about the harassment campaigns, and accepts responsibility for their actions. They express regret and remorse, saying, "i became a cyberbully during the discourse of rassilon based on nothing but [Cass's] word and a list of targets" (2017 January 23, paragraph 4). Indeed, this sounds similar to my experience with Panopticon trying to suggest I should attack Secretgal (and later, HIY).

The "Discourse of Rassilon" is a completely separate occurrence from the Toast of Rassilon; I'll refer to it as the Trump Wank of Rassilon. Most of it is lost to tumblr purges, but as far as I can see, it seems to have centered around [a silly post someone made comparing the fictional character of Rassilon to President Trump](#) (timelordcurse, 2016). Like the toast joke, it clearly has nothing to do with Panopticon's system member, but Panopticon

takes it as a personal attack anyway and responds the exact same way they did to the Toast of Rassilon. Most of the reblogs and harassment is lost due to purges, but Isa's remains. She claims that Rassilon isn't egotistical, he just "puts his name on everything because he pretty much *made or created* everything [emphasis hers], and unlike Trump, everything he created is functional" (ibid.). It snowballs until Lirija, the other founder of GT, has to wade in and say, "for those in GT who participated in the discord, I am deeply, deeply disappointed in you. You should be ashamed that you have wilfully [sic] attacked other people for their opinions, and I expect you to apologise to anyone that you have harmed, politely and sincerely. This behaviour is abhorrent, and against our values" (Lirija, 2016 June 13, paragraph 7). Everyone deletes their reblogs about it, and the original poster deletes their account, leaving context and apologies lost to the ether (though surely not the hurt feelings and bewilderment).

Even though AUK's exact behavior is now lost to the sands of tumblr time, and even though they could probably get away with pretending it never happened, they still take responsibility for them. "I became [Cass's] willing weapon in the [Trump Wank] cyberbullying [sic] incident. I take full responsibility for attacking those innocent people. If it's any consolation, I cut my attack short because the guilt overwhelmed me as I realized that they were innocent people who just enjoyed the same media as I did" (2017, July 21, paragraph 21).

This statement is corroborated by Panopticon themselves; they eagerly slough responsibility for the whole Trump Wank of Rassilon thing to AUK (Panopticon, 2017 February 2, paragraph 7), saying, "Yeah, I was the one who told [AUK] to send the Bee Movie script and lolcats memes to people on the 'opposing side'

of the [Trump Wank] Discourse of Rassilon. I admit that I fucked up there. But I never would have even thought of that plan if he hadn't suggested it." As proof of AUK's wrongdoing, they post a screencap of AUK bringing it up (ibid). But like with their "proof" of Secretgal, Panopticon's screen-cap doesn't prove what they think it does; the very first sentence of any substance shows AUK stating, "Would utilizing the block button be of any use? That's usually what I do when someone bothers me." So even as Panopticon tries to pin the blame on AUK, they admit to ignoring that first advice!

Meanwhile, back in their call-out post, AUK goes on to talk about the infamous "Analog Theory," which in [Panopticon's own words](#) is, "our very own Weird Shit Phase, AKA that one time we almost did become a cult. Basically, in the early days, some of us original members [namely, Panopticon] decided that we were obviously this world's version of the founders of Time Lord society, and that we were going to be the ones to lead the Intuitive Revolution, v2.0" (2017, September 11, final paragraph).

What is the Intuitive Revolution? Apparently in *Doctor Who*, it was the name for when Rassilon, Omega, and the forgotten "Other" overthrew the matriarchal Pythia, the original ruler of Gallifrey. Rassilon then took over the planet and apparently made Gallifrey a "society based on rationality and a republic with an elected President, although a caste system remains" (Unknown name, Unknown Date B, paragraph 5). Panopticon has a Rassilon, and according to AUK, Cass "supposed that I was a match for a Patron who was called the Other" (2017, July 21, paragraph 19); I'm not clear who Omega is/was. As for the Pythia, at the time of the call-out post, Panopticon is claiming that the Pythia is their own system member, Sophia Lamb, a "cult

leader" (2018, April 8) who wishes to "restart the Rapture Family [a Bioshock cult] 2.0, which she clearly stated she has every intention of doing. Seriously, it's taking the combined strength of [Cass], SV [Signless, possibly], and [Rassilon] Prydonius to restrain her from doing so" (2017, September 22). So it's quite possible that all of this is a dramatization of Panopticon's in-system conflicts, given cosmic significance. AUK says that "I seem to be mocked for ever believing it [Analog Theory] seriously now although Cassandra was entirely serious" (2017, July 21, paragraph 19).

Indeed, in their supposed "debunking" of AUK's post, Panopticon claims that "most people stopped taking Analog Theory seriously M O N T H S ago," thereby corroborating that yes, it did exist and people did believe it, quite recently (2017, February 2, paragraph 6 under the screen-cap). Also, they're lying about it no longer being a thing; ex-followers tell me that Panopticon still believes it, and just a week prior to AUK's July 2017 call-out post, Cass states, "I wish the Analog Theory was actually a successful thing" (2017, July 16). Cass is acting as though AUK went rogue and believed something truly outlandish, when the fact is, they originated the theory, supported it, and still personally believe it, to the point they're still willing to call their headmate, Sofia Lamb, the Pythia almost a year later. One could argue that Cass wouldn't let their personal beliefs influence their rule over the Gallifreyan Tradition Society, except it's very clear that they do. And the fact that they publicly admit to having almost formed a cult, to having a cult leader in their system, and that said cult leader is taking a huge amount of effort to control... all of that is concerning. And yet, Panopticon seems to resent the slightest implication that these facts might mean anything or imply anything dubious about their behavior.

Back to AUK: "I remember that [Cass] belittled any mentioning of my own abuse at home. I remember one specific instance where I made a post where I said something along the lines of, 'I feel like I can't say I have an abusive family because it's never escalated into physical violence,' and [they] commented 'Some people have it so easy'" (2017, July 21, paragraph 26). Cass admits to doing this too, but dismisses it as "a claim I made literally two months after I met you and didn't even KNOW that your family was as abusive as it was" as though that magically makes it okay (2017, February 2, paragraph 27). Also note that they never actually say they're sorry.

Eventually, AUK attempts suicide multiple times and ends up hospitalized. They say, "the day i was admitted to a treatment facility, december 15th 2016, i was planning to swallow an entire bottle of aspirin [sic] because i couldn't live with the guilt of 'hurting' cass anymore" (2017, January 23, four paragraphs from the bottom). Cass of Panopticon quotes that part in their own "debunking" (2017, February 2), and then co-opts AUK's own suicide attempt to claim they were going to attempt the same thing: "you know what, for a while I couldn't live with the guilt of hurting you anymore either, AUK. I was going to down a bottle of pills too. Thankfully, Isa talked me down- if it weren't for her, I don't think I would have survived past the middle of January" (ibid, eight paragraphs from bottom).

They never bring up this supposed suicide attempt ever again as far as I know, nor does Isa. Indeed, when explaining this whole mess to me months later, the only example that Cass provides of the abuse AUK enacted on them during their friendship is "the damage he did to my circadian rhythm, among other things" (2017, August 27b). They do, however, reaffirm that



AUK's suicide attempts are real, reframing them as manipulation attempts: "The tipping point came when we came back from a therapy session to see him liveblogging his suicide plans to us over Skype. At this point, I told him to go check himself into a hospital" (ibid). That would seem the natural point to add, "And I was on the verge of needing it myself," but they never do.

AUK ends their call-out post with, "I firmly believe that the Gallifreyan Tradition is a danger to all Doctor Who fictionkin and that Cassandra Oakdown is the worst danger of the entire group. [...] Thank you for reading, and thank you if you believe me" (2017, July 21, four paragraphs from the bottom).

Panopticon rushes to defend themselves, but their attempts to debunk AUK's claims mostly ends up corroborating them. They admit to taking part in the ridiculous fight over Rassilon and Trump, belittling AUK's experiences with an abusive family, creating Analog Theory, introducing AUK to it, and that AUK attempted suicide and had to be hospitalized. Not only that, they never properly apologize for any of it. Instead, they frame it as innocent errors, all the while acting as though AUK is equally at fault, if not more so. "Telling AUK about the Analog Theory? That was a mistake. I'll admit that," they say, (2017, February 2, eight paragraphs below screen-cap) or, "In the beginning, my excitement over meeting you may have led me to make some bad choices in regards to my treatment of you" (2017, February 2, second paragraph from bottom). They only give specifics because AUK forces the matter, preferring vagueness. After all, "bad choices in regards to my treatment of you" sounds better than, "I told you were lucky to have your abusive family because they weren't as bad as mine, and I tried to persuade you that I was Rassilon's emissary on earth." Cass even justifies their

response at AUK's family situation, stating, "I ENVIED YOU [...] I guess this was just as much of a mistake, wasn't [sic] it" (ibid, paragraph 22 after screen-cap). Not hurtful, not cruel, just a mistake, like buying lettuce instead of cabbage.

"The relationship we had, whether it was in the form of friendship or rivalry, was never a healthy one for either of us," Panopticon says (ibid, final paragraph). "It wasn't all my fault, but it wasn't all yours either. Neither of us deserves to be punished for it— people get into mutually unhealthy and unstable relationships all the time, it's inevitable that a person will get into one at some point in their life. I think that the healthiest thing to do right now is for us to leave each other alone. It's time to end this vicious cycle before it eats us both alive."

I would argue that no, it is not inevitable that every person will get into a relationship that causes them to attempt suicide multiple times. But it doesn't matter, because it's clear Cass doesn't truly believe any of this either. They certainly don't leave AUK alone, and they never express sentiments that AUK isn't completely at fault ever again.

Neither AUK's call-out post nor Cass's defense make Panopticon or their followers look good, and massive damage control ensues. Panopticon resigns as Lord President of the Gallifreyan Tradition Society, and they make some limp gestures at apology... but to GT, not AUK. "I've made mistakes, and those mistakes have continued to hold us back," Cass writes (2017, July 23). "I have a history of overstepping boundaries where other Gallifreyans are concerned, in the name of 'reuniting my people.' For this, I am sorry. The fact that I want to create a common Gallifreyan culture and a united Gallifreyan community are not bad things in and of themselves, but the fact that I have often

pushed these goals onto people who do not want them is inexcusable. I have harmed those close to me in my overzealous pursuit of this goal, through the Analog Theory. [...] Rather than the benevolent philosopher-ruler that I know my Patron to be, I began to embody the warlike, tyrannical portrayal of Rassilon that is often seen in canon. [...] I would like to apologize to those that I have hurt."

All of this might sound nice, but it's so vague as to be useless. Who, exactly, have they hurt? In what way? Cass doesn't mention AUK at all, never mind what happened; a reader could be forgiven for thinking that Cass was just a little preachy, not staging harassment campaigns and getting followers hospitalized. But even so, Cass lets slip bits and pieces of what happened-- that yes, they pursued the Analog theory, yes they became a tyrant, and yes, they have hurt people and tried to proselytize to folks who didn't want to join the group. But it's fine, Cass is stepping down, HIY will become president now (*ibid*), and all problems will be solved.

An outsider can be forgiven for thinking that Panopticon is truly abdicating power, but ex-followers assure me that Cass remains the true power behind the group. Even the symbolic giving up of their title has no teeth; they merely become Chancellor, which as far as I understand is basically vice president (Gallifreyan Tradition Society, Unknown Date A).

AUK starts talking about their experiences in the new Doctor Who tumblr created by the doctorwhokinconfessions mod (doctorwhokin, 2017 July 22). The mod, probably remembering Panopticon's behavior during the Toast of Rassilon, takes AUK's side and blocks Panopticon from the tumblr. But that doesn't stop Panopticon; Rassilon goes anonymously to say his piece anyway:

"Have you ever considered, dear DWkin [Doctor Who fictionkin] community, that while you waste your time indulging in fantasies of persecution, the Gallifreyan Tradition's members are trying to live out their lives in peace? Your obsession with them is a meme, not a threat. They do not hate you-- they think you are adorable" (doctorwhokin, 2017 August 22a).

No need to take my word for it that this anonymous is Rassilon. Cass of Panopticon publicly admits to him doing it: "Someone (not naming names, but it was definitely R. Prydonius) got our IP blocked from [doctorwhokin] on Tumblr" and they quote one of the mod's responses (Panopticon, 2017 August 22). Cass then lets slip an admittance to yet more creepy behavior regarding AUK: "if they think that trying to help someone become a better person is abuse, I guess AUK's right about me being the abuser in that situation, because I was dumb enough to think that I could change him." Change them into what kind of better person? For what purpose? They only take refuge in vagueness.

The doctorwhokin mod blocks Panopticon's IP address and moves on, but that still doesn't stop Panopticon or their followers. As AUK refuses to be silenced and continues to tell their story, Panopticon only becomes more aggressive. In the doctorwhokin mod's own words: "AUK was in <https://drwhokinnet.tumblr.com/> [now deleted] which the mods are also on as well as a bunch of Doctor Who Kin. This discord contains channels for venting and AUK used these to talk about his experiences with the GT. It later came out one of the members is part of the GT and was sharing AUK's venting with them. [...] AUK has already left as he doesn't trust anyone in that group (fair) and there's no point in us all pointing fingers"

(doctorwhokin, 2017 August 22b). Yes, Panopticon's group, who "are trying to live out their lives in peace" choose to infiltrate a completely unrelated tumblr and Discord, purely for the purpose of pursuing AUK and causing them fear and distress.

But who is the infiltrator? Accusations float around HIY, but it turns out no: instead, a different GT member named Narvin comes forward to publicly announce that they are the spy, or the spy's handler, on September 26, 2017 (a, b, c, and d).

Conveniently, they fall on their sword and insist Panopticon had no part in it (b): "the spy was my idea, and my idea alone. Not Cass', not HIY's, mine. I was acting rogue with a spy because I felt hurt by all the cult accusations which are blatantly untrue, and actually quite cruel given the fact that our founder is a cult survivor."

Personally, I find this hard to believe, seeing how many times Panopticon incites people to do their dirty work for them. But let's take Narvin at their word for now and focus on the cult survivor rhetoric. This is a claim Panopticon makes again and again, that they've been through cult abuse, and so accusing them or any of their groups of cultishness is nothing but a personal attack "because [AUK] knew that after what [Cass]'d been through, that would hurt them the most" (Panopticon, 2017 September 11).

First of all, even if Panopticon's claims of being a cult survivor are true, they are irrelevant. Being a victim and being a perpetrator are not mutually exclusive categories. Also, there is no quibbling to be made; Panopticon is cultish. They as much as admit it in their "debunking" of AUK. If they truly cared about not following in cult leaders' footsteps, wouldn't they take the accusations seriously and change their behavior? But they don't.

Instead, they behave like a stereotypical cult leader, trying to smash any and all criticism, stalking people across multiple platforms for years, evading bans and blocks, never truly apologizing. They get to use their own abuse history as a shield, but nobody else does. Cut away the distortions, the distracting discussions of past abuse, and what Narvin is actually admitting is that even if Panopticon was supposedly ignorant of what was happening, Narvin created the spying campaign on Panopticon's behalf because calling them a cult leader was mean, and Panopticon's circle supported it, either tacitly or actively.

True to form, once caught and facing public disapproval, Cass [grudgingly coughs up a mealy-mouthed pseudo-apology](#), where they admit they were part of the spying operation, but still not responsible: "I apologize on behalf of my people for allowing the DW Kin Net spying operations to go on as long as they did, or at all. You all deserve a safe space away from us as much as we deserve one away from you. [...] I believe that the best course of action is for the two communities to have an official policy of minimum-to-no contact, rather than letting the rivalry and hatred continue as it has" (2017 October 15, post #8).

Note that this is almost exactly the same thing Cass said about AUK a mere four months prior. Obviously Panopticon never stopped pursuing or attacking AUK throughout that entire period. Now suddenly everyone is supposed to believe that Panopticon will now? Let's sum up what the parties have done so far.

Doctorwhokin/doctorwhokinessions has: made jokes about Rassilon stealing toast, joked about toast for six months, let AUK speak, and banned Panopticon by screen-name and IP address.

AUK has: spoken about their personal experiences with Panopticon and refused to be silenced.

Panopticon has: harassed, mocked, and badgered doctorwhokin for almost an entire year, distorted toast jokes into an ableist spiritual harassment campaign, block-evaded to harass AUK in turn, and set a spy on the group to defame AUK to the point that AUK fled the community. Then, when caught, they say, "Okay, we've both made mistakes, how about we leave each other alone now?" And then they repeat the process.

Now, who needs the safe space? Panopticon, or AUK and doctorwhokin? And of course, within a year, the dreaming-of-the-second-sun tumblr is purged and deleted, so the apology may as well have never existed. In contrast, AUK leaves their call-out posts, their apologies, and their messy admissions of their mistakes for all to see; they even expressly state, "this blog will not be deactivated because certain posts of mine are some of the only googleable testimony to the abuse of the Gallifreyan Tradition Society" (citation available upon request).

Perhaps realizing that openly citing AUK's words or claims leads only to corroborating them, Panopticon mostly retreats into vagueness after this. They refer to AUK only as "angry parrot noises," and flatten their words into misleading generalisms. Rather than discuss abusive families, suicide, or Analog Theory, they reduce all of AUK's claims to, in Cass's words, "GT is totally a fancult because I got friendzoned by their former president" (2017 July 22, June 18). Which has only the slightest grain of truth; AUK openly admits that yes, they had a crush on Cass, but it is only one short paragraph of thirty-three, less than 4% of their post by word count. AUK's focus isn't on the crush; it's on their sense of reality being distorted, verbal and emotional abuse,

being induced to suicide. But Panopticon has nothing to gain from engaging with those claims, so they stick with their straw man version of AUK, always referring to them as either an "an incel-type" or "DETRANSITIONED LESBIAN WOMBYN who [...] thinks I manipulated her into identifying as a trans man so I could have an excuse not to fuck her mental illness away" (2017, September 11). When someone informs Cass they're misgendering AUK, they respond derisively, "Oh so she's a detransitioned womyn now instead of an incel. Good to know she's gone from one disagreeable subculture to another" (2018, May 16a).

Misgendering Cass became part of the narrative of the doctorwhokin spying ring, to the point that Narvin only agrees to halt the spying operations because "the server as a whole has apologized for their misgendering of Cass" (2017, September 26). It's acceptable for Cass to do it to AUK, but if AUK or someone on a server does it to Cass, the whole community must suffer and pay for it. And while Cass gets to use their mental illnesses as an excuse for the Toast of Rassilon, AUK's mental illnesses just gets to be the mean-spirited butt of a joke.

[Panopticon claims to be a](#) "leader of LGBT+ inclusive pagan group" (2017, August 17), but it's clear how conditional that inclusion is. Does Panopticon only respect someone's gender, pronouns, or disabilities as long as they're friends? It would seem that the answer is yes.

Despite their early gestures at claiming equal fault in the relationship with AUK, Panopticon nowadays never lets go of the narrative that AUK is the abuser, not them, that AUK is the one pursuing and harassing them. Even as late as a year and a half after AUK's initial call-out post, Panopticon claims that AUK is sending them anonymous harassment asks (2018, May 16b), an



accusation that AUK denies (2018, June 21). But Panopticon still doesn't block AUK until a day later, and only "at the advice of my Council" (2018, May 17)! (And they still allow anonymous asks until deleting the account a few months later.) If AUK is truly that awful, able to make Cass want to commit suicide... why give them that access? Why wait a year and a half to block one's abuser?

Because except for PR damage, Panopticon isn't afraid of AUK. AUK is afraid of them, and justifiably so! AUK does everything in their power to avoid Panopticon. They flee doctorwhokin and drwhokinnet, and barely post on tumblr for a year (2017, August 23). They seem to have blocked Panopticon and all the Gallifreyan Tradition Society instantly. Their statements are congruent with their actions, which is that of someone trying to avoid their abuser while still telling their story.

But for the sake of argument, let's say that AUK did abuse Panopticon. How is setting a spy on them or mocking AUK's gender going to protect anybody? How is Rassilon anonymously ban-evading so he can call AUK "adorable" and "indulging in fantasies of persecution" meant to help? AUK's posts, however imperfect, are clearly trying to help protect people; they are warnings made by a flawed, scared person. But Panopticon's discussions of AUK are all theatre. They claim that AUK is stalking them, abusing them, only making these posts to hurt them, but it seems obvious that in actuality, Panopticon is the one doing those things.

And just like the Trump Wank of Rassilon, Panopticon deletes their apology, along with the rest of the dreaming-of-the-second-sun tumblr, and continue on, pretending that they are the true victims. But it doesn't take them long to find a new enemy.

# **ROCKED BY SCANDAL: HIY AND NEW GALLIFREY (FEBRUARY 2018 ON)**

I can't tell the story of HIY's harassment without discussing my own relationship to Panopticon. So let's take a moment and talk about how I got to know them.

I delete my tumblr months before all this happens, so a lot of things are lost or forgotten, but I know that I'm in contact with Panopticon by June of 2016, because that is the file-date on the screen-caps they give me about Secretgal. They are curious about my reports on cults within the plural community, and start reblogging them on their (now-deleted) plural/otherkin/fictionkin cult-survivor tumblr, alterhumanabusesupport (2016, November 28). We talk about plural cults, and I find myself liking them--or rather, the persona they are showing me. When they create their Dreamwidth account, I friend them there, and at their request, I add them to the highly restricted cult filter on my blog (Panopticon, 2017 March 8). Due to being completely unfamiliar with fictionkin or Dr. Who circles, I am unaware of AUK, the Toast of Rassilon, and all the rest. Needless to say, Panopticon's persona with me is completely different from their behavior elsewhere.

Still, in hindsight there were plenty of warnings. Panopticon seemed to constantly be running into cult leaders and abusers, constantly blogging about the fights they were having, but all in a strange vague way that made it hard to be sure what exactly was happening. However, since I wasn't that close to

Panopticon, I chalked it up to their youth and didn't pay close attention. That was my fault.

In June 2017, I create a Dreamwidth community called [browncastle](#). Though I create it, I do NOT want to mod; I know that I am completely unsuited to the job and hope to slough the responsibility as quickly as possible. Panopticon asks to join, becoming the first member and the second mod, and then they request HIY join. I don't know HIY from Adam, but Panopticon vouch for them, so I let them in.

About a month later, the AUK scandal hits, and Cass of Panopticon resigns from the Lord Presidency of the Gallifreyan Tradition Society, [naming HIY as their successor](#) (Panopticon, 2017 July 21). This shows HIY's high rank within the GT hierarchy, but they last less than six months before abruptly leaving the group in December, under mysterious but clearly negative circumstances. They create their own group, New Gallifrey, and write in their GT resignation speech, "I have not really been able to accomplish what I want in my Presidency, and have found meetings of the Council unnecessarily tense as a whole [...] Most particularly, I have had difficulty working with Patrician Chancellor Cassandra [of Panopticon] and Healer-Advisor Isa [...] I wish GT the best going forward, and hope that it will be able to resolve its disputes in more professional ways in the future, and actually adhere to the RoC [Rules of Conduct, possibly] in Council meetings when there is conflict" (2017, December 17).

Clearly there is a story here, but the details remain a mystery. Cass only [says](#), "Our community has been rocked by scandal. I accept my part in it, though I do have reservations. I

have nothing to say about our former President's resignation, except that I hope they can forgive me" (2017, December 18).

Much like their pseudo-apology regarding AUK, this post begs for further explanation. What scandal is involved? What has Panopticon done and what exactly are they taking responsibility for? It isn't clear, and while they talk about forgiveness being earned, they never state any plans to atone, and they certainly never apologize. And just like with AUK, it will take only about two months for Panopticon to completely change their story and claim HIY is an abusive cult leader, entirely at fault for everything.

On February 11th, 2018, Panopticon starts vagueposting that HIY is abusing them and has stolen their art. The comment thread where they disclose this to me is sadly lost, on account of their deleting their account, but I remember them telling me that HIY is an abusive cult leader building a Dr. Who cult that worships Rassilon. I remember being quite alarmed, but when I ask if they want me to remove HIY from the browncastle comm, Panopticon never responds.

Three months pass, and even though Panopticon stays active on Dreamwidth, they never respond to my question. They even vaguepost about HIY (screenshot available upon request), but only under a completely different name, insuring I stay confused and ignorant. Despite this, I have a nagging suspicion that Panopticon wants me to do something, but I'm not clear what, and I don't like feeling as though I'm expected to read their mind. And what has HIY done, exactly? Where are the screenshots, the explanations? Are they an art thief, an abuser, a cult leader, what? I also find myself slightly put out; how is it possible that my community has only three active members and

already one is being accused of being a cult leader? (Especially since the only reason I let HIY in at all was because Panopticon vouched for them.)

Even stranger is that HIY clearly doesn't know about the accusations. They keep posting in browncastle as though nothing is amiss, including personal posts that they most assuredly wouldn't share around an enemy. And months after Panopticon privately accuse HIY of abuse to me, the Gallifreyan Tradition Society is putting on a show of public solidarity with New Gallifrey, to rebuff the excommunicated Shilo (2018, May 24). It's all surreal. I have no idea what's going on.

Come the end of June, my nagging feeling of uncertainty finally gets to me. Why does HIY seem so oblivious? Why isn't Panopticon giving me a straight answer? If HIY is so dangerous, why are New Gallifrey and Gallifreyan Tradition still showing public solidarity? Something smells bad about the whole situation, and I find myself looking over Panopticon's words with a more critical eye.

The more I read, the more confused and uneasy I get. I find a post from Panopticon claiming that "manipulative things were worked into the foundation of GT" from the very beginning, though of course they claim it wasn't them who did that, but their excommunicated follower Shilo, who they only refer to as "[ANATHEMA]" (screencap available upon request). At this point, the Gallifreyan Tradition Society hasn't even been in existence for three years; how can it be so saturated with abusers and cult leaders? And if it's such a haven of manipulation and abuse, why hasn't Panopticon shuttered the organization to try and sort out the root problems? I decide to quietly try fact-checking Panopticon's words to try and get some clarity.

It's hard going. Panopticon not only avoids any screen-caps and direct quotations; they also avoid calling anyone by screen-names I can recognize or check--Shilo is "[ANATHEMA]," HIY is "Rory," and AUK is "angry parrot noises." It's hard to tell who is who, or how many parties there are. For a while, I seem awash in a sea of vagueposting, all implying and nudging and suggesting without anything definite or certain.

Eventually, though, Panopticon gives enough detail for me to find a source. It's in their post joking about Rassilon getting banned (again) from doctorwhokin: "Someone (not naming names, but it was definitely R. Prydonius) got our IP blocked from [doctorwhokin] on Tumblr. I mean, thank you for trying to help, but with all due respect, you sound like an anime villain" (2017, August 22).

I have a time period. I have a screen-name. And I have an unusual turn of phrase that sounds like a possible direct quote. It takes some digging, but I find the post (doctorwhokin, 2017 August 22a). And I realize that Panopticon has totally misrepresented the situation to me. The way they talked, I thought people were coming to harass them, but really, it was THEM ban-evading so they could harass others! And who IS this AUK/"angry parrot noises" person, anyway?

Through trawling doctorwhokin, I find AUK's screen-names, then their posts. I see Panopticon's responses. And I realize that all of Panopticon's accusations about HIY are in fact regurgitations of accusations AUK made about Panopticon's own behavior, only with names and roles reversed. It seems almost ridiculous to even consider, but I find myself wondering: are they setting HIY up to be the fall guy? And if so, why?

I start digging into the actions of the Gallifreyan Tradition Society, and my misgivings only increase. I discover that they have offline households with adoption ceremonies (Gallifreyan Tradition Society, 2017 September 17), and that [Panopticon apparently see being a spiritual leader as their career path](#): "GT is my job. Serving my Patron [Rassilon] is my job. Taking care of the people I love is my job. Providing accurate information about nonhumanity and plurality is my job. [...] These things will always be 100% at the forefront of my mind, and I could never commit to a job I'm not fully able to commit to" (2017, December 27). However, in the very same post, they say, "I refuse to take any money from the government," meaning that unless they're independently wealthy (which clashes hard with the poverty they espouse to have), they must be financially supported by their followers. All of this sounds... well. Cultish.

(It also directly contradicts Panopticon's claim on October 12, 2015 that "I get a disability check every month cos I'm autistic, and I found out that my dad and stepmom are using it to buy dope.")

However, I'm still uncertain. Is it possible this is all some conspiracy to defame and abuse Panopticon for some reason? It seems laughable, but by this point the circumstances are so bizarre that nothing sounds too improbable. I don't know HIY, and just in case they ARE a cult leader, I'm not sure I want to interact with them and ask them what's happening; doing so could risk Panopticon's safety, not to mention my own. And if HIY are the true victim, how can I tell them that? Why should they believe me, a complete stranger? What if they see ME as being the problem? What's the right thing to do?

I ask Panopticon, again, to tell me what's going on so I can make a move in browncastle. I wait a week, get no answer, and finally just give up and decide to leave browncastle. I don't know what's going on, but I want no part of it. Not my circus, not my monkeys, I tell myself.

Within 48 hours of my departure, Astrid of Panopticon triumphantly crows about banning HIY from browncastle on Dreamwidth (screenshot available upon request), rattling off all the accusations and details I was requesting for months. It feels like they were waiting for me to either leave or act on their implications, thereby absolving them of the necessity of communicating outright.

By this point, every alarm siren in my head is going off, and I decide that I no longer care if there's a conspiracy. Even if HIY and AUK really are as bad as claimed, Panopticon is giving me the active heebie-jeebies, and even their own public defenses are piling up into a heap of awfulness: that Gallifreyan Tradition had manipulation baked into it from the very beginning, that they almost became a cult under the Analog Theory, that Rassilon went anonymously to avoid blocking to harass AUK on doctorwhokin, that their headmate Sofia Lamb is a self-proclaimed cult leader who needs a full system dog-pile to prevent her from creating another cult. I may not know what's going on, but that is a level of spite, malice, and lack of boundaries that I don't want in my life.

Still, I think, Panopticon are young. Maybe they honestly don't realize how off-putting they are. Maybe they need to be told, before it's too late. (And if they wildly misbehave, well, at least then my doubts will be eased.) So I write up a goodbye message explaining my misgivings and asking them not to contact



me again. A couple friends obligingly check it over to make sure I'm being neither rude nor a doormat, and once they give me the OK, on July 5, 2018, I leave it as a comment on Panopticon's Dreamwidth, (Lee, 2018 July 11). Stripped of the now-dead links, and with current-day notes in square brackets, it reads:

*"Your behavior has been making us increasingly uncomfortable, and we have decided to part ways.*

*We had open requests for three months regarding HIY's behavior so we could make a decision in browncastle, and you never responded. Instead, you waited until we left, and then took immediate action. Furthermore, when you DID make posts about HIY, you called them Rory, or [ANATHEMA], and gave no sources, so we had no way of knowing who you were talking about or what exactly was happening. [NOTE: "[ANATHEMA]" was Shilo, not HIY, but at the time I didn't know that.]*

*We also find it troubling how many times your groups seem to spawn cults or cult accusations. You yourself mentioned how people kept getting "sucked into" your Animorphs RP, which was based on role-playing a false cult, using the same rhetoric and aesthetics of a real one. [This is [the Sharing](#), a group Cass ran from September 2016 to March 2018. I chose not to cover it in this write-up.] It got to the point that you put a disclaimer on the tumblr! If your playful role-play of a false cult keeps getting people behaving as though it's a real one, something has gone badly awry.*

*And that's not your only group where that has happened. Gallifreyan Tradition has existed for less than three years, and yet it seems to have been plagued by cult accusations and spin-offs from the beginning. You yourself admitted that it almost went in a cult-like direction because you believed you were here to bring on the Intuitive Revolution. Combined with Cass's relationship with Rassilon, I'm not*

*sure you should've made this group at all, but you did, and it too has been accused of being a cult.*

*You seem to have taken this as a personal attack, instad [sic] of a warning of what direction Gallifreyan Tradition was going--and indeed, you yourself said that HIY built the manipulativeness into the very foundation of the group! [Note: again, this was Shilo, not HIY.] Whatever happened between you and Auk [sic], clearly something has gone terribly wrong in Gallifreyan Tradition, that this has happened! But instead of changing the group, you chose instead to go anonymously to [doctorwhokin] in the attempt to discredit those accusations, to the point that you were banned. On top of all this, it was Rassilon, your Patron, who did this! Going anonymously to discredit someone calling you out is underhanded enough, but for your Patron to involve himself shows a concerning lack of boundaries.*

*Your interest in cults seems to be going to darker and darker places, and we can not follow you. We hope you change trajectory, and stop leading groups until you find out what exactly is going wrong, and why this keeps repeating.*

*Please do not contact us again.*

*--Miranda [of LB]"*

*Then I block Panopticon and hope that'll be the end of it, still wondering whether I'm being fair.*

*Panopticon's response quickly assures me otherwise.*

# PRYDONIAN REVENGE: ME

(JULY 2018 ON)

Within a day or two of my goodbye message, Panopticon deletes their Dreamwidth and starts vagueposting about me on tumblr (2018, July 6), [Discord](#) (2018, July 7), and [Wordpress](#) (2018, July 21). And those are just the publicly accessible ones I stumble on over the course of my research. One mutual friend texts me with some unwelcome news: "They [Panopticon] called y'all a non-survivor who thought they were sick and twisted for their interest in cult stuff. I chewed them out and blocked [them] on Facebook" (personal communication, 2018 July 7). As far as I can tell, that becomes Panopticon's narrative about me, that my issue with them is not that their groups keep becoming manipulative or culty by their own admission, but that they are interested in researching cults at all, possibly bogarting my spotlight.

I am disgusted, but not surprised. After all, Panopticon massively misrepresented AUK's reasons for not being their friend; why should they behave any differently with me? Indeed, it's the exact same claim they made about AUK, that the only reason anyone would accuse them of being cultish is to cause them pain as cult survivors.

But Panopticon aren't content with vagueposting, and it takes only a couple of weeks for them to go completely beyond the pale. "I managed to get ahold of someone else LB fucked over," Cass posts in the Gallifreyan Tradition Discord (2018, July 24). "My project today has been getting revenge in the most Prydonian way possible." They frame this as protecting innocent people from me, that they're "reaching out to the people LB have

hurt, and by extension, making it more difficult for them to hurt others" (2018, July 24).

But that's not actually what they're doing. The people that I've "hurt" are Tristan Grey and Draven, the subjects of *Cultiples #1* and *#2*, respectively. I won't rehash the content of those books here, so the very short version is: Tristan was my penpal, and he is in jail until 2030 for kidnapping, branding, and sexually assaulting two teenage sisters ([Moultrie, 2012](#)). Since he's forbidden the use of the Internet due to his crimes, he knows nothing about what I've written and won't for another decade; he certainly hasn't been hurt by it, since his crimes are already a matter of public record. Draven, in the meantime, is a convicted felon (State of Washington vs. Draven, 2007) who was also arrested for threatening someone with a weapon ([Morning Sentinel Staff, 2011 October 24](#)), and it's true, they were quite upset to find out that I'd made a book about them... but they only knew because Panopticon told them. I did my utmost to try and hide the book's existence from Draven, because they're a violent, dangerous predator, as is Tristan. Panopticon knows this because they specifically asked to be on my cult filter to read my work; they used the sources from my own bibliographies as contact info.

Since Tristan is unplugged in jail, I face no danger from that quarter. Draven, however, is a free multiple with an Internet connection and a violent temper... and unfortunately, a knowledge of my home city, which isn't too far from their current residence. They're happy to do Panopticon's dirty work for them, and commence doing so. Asides from legal and social harassment on Dreamwidth (Lee, 2018 August 11, comment #10-11), Patreon (private communication, 2018 August 17; Lee, 2018

August 23), and Gumroad (private communication, 2018 August 17; Lee, 2018 August 23), they also incite one of their followers to make a tumblr post with my photograph and my working location for a con, reading, "beat the person's ass if you see them. I don't care if you think attacking someone is wrong, [...] this is self defense" (BenCatZenKur, 2018 August 16). Enough people challenge the tumblr post to get it taken down, and nobody comes to harm me, but it certainly puts a damper on my con weekend and causes me unwanted stress. As silly as they might sound, I can't afford to dismiss the threats; Draven has a slew of domestic violence charges for a reason.

Panopticon can not claim ignorance or innocence; Draven's social media account links are all buried in the same citations as his threats of violence. There is no way that Panopticon could've gotten that data and exposed me without knowing the risk to my safety--indeed, that's the only reason their behavior has any teeth, knowing that Draven is dangerous. But Panopticon doesn't seem to see the danger as real. It all seems an intellectual exercise to them, a game, as though none of this has any meaning or significance. Which seems in line with how they treated AUK, HIY, and Secretgal--as symbols, or video game puzzles, rather than people.

Furious and desperate to shut down Panopticon so I at least don't have to fight them and Draven at the same time, [I go public about all they have done](#), including the screen-caps of them bragging about setting Draven on me, and I say exactly what I think of them in the most vile language accessible to me (2018, August 7). The screencaps do nothing for Panopticon's reputation, and they pour gasoline on the flames by creating a new account to evade my block and [leave me a comment](#): "I'm

not proud of what I did. But I'm also not apologizing for it" (Panopticon, 2018 August 9b).

Cass also posts a [defense on their new account](#), insisting that I'm maliciously lying about their actions. Like all of their previous defense posts where they're forced to engage with claims in specifics, it doesn't come out the way they think it does.

First, Cass says, "I'm not 'teaming up' with Draven, and I'm DEFINITELY not 'teaming up with' Tristan Grey. I mean, the latter is in prison, for fuck's sake. I have not spoken to Draven beyond letting him know about the Cultiples zine. [...] [I] raised a concern [with Black and Pink] about someone publishing information about their pen pal because it undermined the mission of solidarity with incarcerated LGBTQ+ people" (August 9a).

It's true, Panopticon didn't team up with Tristan... because they couldn't. But I didn't undermine the mission of solidarity; Tristan's crimes are public record. And even if they hadn't been, he tried to manipulate me, recruit me, and groom me into an unwanted romantic relationship, all of which is recounted in Cultiples #1. Who betrayed queer solidarity, me or him?

Back to Panopticon. "I don't care if every word of what LB Lee said about the other people they published zines about was accurate. They sure seemed ready to publish actual libel about me and mine, and in this situation, that's what matters [...] I know LB claim they were doing it to spread awareness of manipulative tactics in the plural community or something. But there are BETTER WAYS TO DO THAT than a) publishing correspondence from your prison penpal, no matter how disgusting and irredeemable a human being he was, or b) selling a novel-length call-out post for \$12 a pop" (ibid).

Panopticon was on my cult filter for almost a year and a half before we parted ways. They requested and received private email copies of Draven's music, and a free rough draft copy of *Cultiples #2* (screenshots available upon request) and I never hid my research tactics from them during that time; they never said a word in detraction until this moment. In fact, they treated it as popcorn fodder: in one post of text-only transcriptions of Draven's Youtube videos, they commented, "I'm eagerly awaiting more of this saga," and when I said, "if you want, I have posted some of the early drafts of the write-up on a special filter. I can add you to it..." Cass responded, "Oh, please do. I live for this shit" (Lee, 2017 May 9).

Cass insists that I'm the one truly at fault for their behavior, that I drove them to it: "when you're betrayed by people you confided in, people you told fellow survivors of the same cult to confide in as well, just because you don't fit their pathetic idea of a good survivor narrative? Yeah. YOU GO A LITTLE CRAZY, and sometimes you do shit you shouldn't" (ibid). I feel that the reframing and victim-blaming is so obvious, they don't require explanation. As for telling other survivors to confide in me and the good survivor narrative, I have no idea what they're talking about, unless they're seriously arguing that making a cult is justified as long as an abuse survivor runs it.

Midway through my final edits of this write-up, I realize something interesting. This post, even though it's sent to me, even though it's about me, doesn't seem to be FOR me. I'm always referred to in the third person, as "LB." But if it isn't for me, who is it for? Who is the "you" the post refers to?

My suspicion is that it's the Gallifreyan Tradition Society. Let's take a look at their Infractions Protocol (Unknown Author, 2017 October 12).

According to GT's own rules, when a concern arises, "In the event that the infraction/concern can not be worked out OR is sufficiently severe, the matter is brought to the Council as a whole." In this case, Panopticon's offense against me undoubtedly constitutes a "Major infraction: threats to personal safety; something that harms the GT or its reputation as a whole" (ibid). (Though I raise my eyebrows at the equation of someone's safety being equal to GT's reputation.)

The Council then "decides on Reparation--essay, apology, etc." Once that is done, the offender would then have "four choices--accept the reparations, challenge the reparations/accusations, reject Council recommendations entirely, or some combination of the above" (ibid). According to screencaps of the Gallifreyan Tradition Society disciplinary hearing, which take place in Discord and are reposted on New Gallifrey with permission, Cass accepted the Council's reparations; they are "removed from their position as Chancellor but retain their position on the Council for a period of no less than six weeks, during which an essay addressing the severity of the actions they took will be addressed" (New Gallifrey, 2018 August 14).

Though I didn't realize then, I now believe that this randomspacemechanic blog post that Cass linked to me is their required essay. That's why it refers to me in the third person and makes appeals to "you," the reader, completely separately. That's why it's filled with justifications, rationalizations, obfuscations, and distortions. They have no intention of changing my mind,



atoning, or apologizing; instead, they're trying to convince their followers in GT that they are in the right, I am a predator and a troll, and nothing needs to be done. Their essay, which is supposed to be about their wrongs, is instead transformed into an act of spin.

Indeed, Panopticon finishes with shameless groveling to their group: "I'm not trying to get them [LB] to forgive me by posting this. I know what I did was terrible. I'm probably never going to forgive MYSELF for sinking that low. When I do something that's wrong, I do it with the knowledge that it's wrong, and even if I put on a show of gloating about it, it still keeps me up at night. But when LB do something that's wrong, they pat themselves on the back for it, because it's all for the greater good of Protecting Their Community." It's a public performance of guilt and remorse, all the while sniping at me and carefully avoiding any sort of apology or reparations; surely feeling bad is enough and they need do no more.

This isn't about me, not really. This is about Panopticon and their relationship to their followers, their financial, emotional, and social support. By cutting the veil of vagueness and discussing in concrete specifics Panopticon's "mistakes," calling them what they are, I have threatened that relationship just like AUK did. But I have two advantages that AUK did not: undeniable proof, and a reputation.

Neither of these are AUK's fault. They're young, newer in the community; I doubt they could've predicted the level of predation they experienced, and in their condition, they were unlikely to plan, save, and screenshot in advance. Panopticon can pass them off as a blip on the radar, unreliable, untrustworthy, a "bad victim." But I'm significantly older, and I've been in the

plural community for over a decade. People may not like me, but they know me, and some of them respect me. When I put my weight behind AUK's accusations, say they have merit, and provide evidence, that means something, and at least some of Panopticon's followers know me through my work in plural advocacy.

Maybe some of those followers have been trying to suppress their own concerns. Maybe I'm bringing back all the doubts and worries that AUK did, only now even more so. Indeed, two strangers, unidentifiable to me, create anonymous accounts purely so they can contact me and ask for some of my sources that are only available by request (Lee, 2018 August 7, comment #22-30); they are surely associates of Panopticon in some way, though whether friends, followers, or passerby I have no idea. But regardless, clearly word is spreading, even if I can't see or hear it.

One of my favorite writers, Spider Robinson, once said that anger is always a masquerade for fear. It was certainly true when I raged out on my blog at Panopticon, and I think it's true with the randomspacemechanic post Panopticon made about me. They aren't angry at me; they're SCARED of me, or more accurately, they're scared that I might cause their followers might leave. All the breast-beating and pseudo-remorse is intended to reel their followers back into line, just like they did with AUK and HIY.

This time, though, it doesn't work. Cass's behavior is so blatantly atrocious, so clearly documented, that even the Gallifreyan Tradition Society feels the need to make some semblance of action--if only for appearance's sake. The New Gallifrey community tumblr helpfully posts screenshots and

explanations of the GT disciplinary hearings that ensue, stripping Cass of their Chancellorhood, but not their Council position, along with the essay requirement (2018 August 14).

Recall that New Gallifrey is headed by HIY, former President of the Gallifreyan Tradition Society; they would certainly know the rules and Infraction Protocol, and how the GT has dealt with troublemakers in the past. The New Gallifrey council explains that Cass's punishment is a slap on the wrist, by GT standards. A double standard is at work: "the terms of their [Cass's] probation differ significantly from the terms imposed upon two other individuals who were placed on probation during their tenure on the GT Council. In both other cases, the Council members – both of whom held titled offices – were temporarily relieved of their office, position on the Council, and Patrician title for the duration of their probation. Patrician Cassandra was relieved only of their Chancellorship, but retains both other honors. The High Council of New Gallifrey finds it odd and concerning that Patrician Cassandra appears to be held to a different standard by which it is more difficult to hold them to the same level of accountability for their actions as any other member." New Gallifrey also expresses their misgivings "that a person who has just committed highly questionable actions ostensibly disapproved of by the rest of the Council still retains a position on the Council [...] we cannot in good conscience find our divisions with the High Council of the Gallifreyan Tradition Society favorably resolved, and we must reiterate our condemnation of said body at this time" (ibid).

Since HIY's departure from GT, there have since been two presidents at GT: Romana, who burned out in less than three months and bolted, and now Isa, the follower involved in the old

Secretgal harassment campaign, along with the Trump Wank of Rassilon. At this point, Isa has been president for less than six months, but she follows the exact same script that Cass of Panopticon followed during the AUK scandal. She makes a vague apology, but to GT, not to me: "To those who have been affected by Patrician Cassandra's actions, I have been remiss in my duties as Healer-President. I allowed my personal feelings to interfere in the execution of my duties and did not act on those concerns when I should have done so earlier. I sincerely regret not acting sooner and apologize to those who may have been harmed or otherwise made to feel unsafe or unwelcome in these channels" (ibid).

It is a strange sensation to be wronged by someone, only to then have a totally separate person making an apology about it in the opposite direction. Annoyed, I post publicly on my blog again, pointing out, "Not once do they mention me, what Cass of Panopticon did, or that it was wrong. It is also placed on a platform [Discord] where I am unlikely to ever see it. It certainly wasn't SENT to me!" I go on to say, "even if you made [Cass] apologize to me, it wouldn't matter, because it'd be painfully obvious they're just doing it to get their stupid Chancellor-hood back. It's not a real apology unless the person ACTUALLY MEANS IT, and DOESN'T DO IT AGAIN." I also note that the Council couldn't have completely disapproved of Cass's actions; the screen-caps of Panopticon's boasting has another council member, Raven, present and supporting it (LB Lee, 2018 August 14).

Within nine hours of my post, the Gallifreyan Tradition Society is formally disbanded, and I am given the credit, or perhaps the blame. Isa posts in Discord, "It is with the deepest

regret that I make this announcement. Due to the actions of certain members, on LB Lee has focused on us and begun a vicious smear campaign against the Gallifreyan Tradition as a whole. This person has gone so far as to plant a spy in our midst, who has been passing information direction from our group chats to this LB Lee to be posted on their blog. [...] As of this time, the High Council can not guarantee the safety of our members, as we do not know who the spy is or what LB Lee is going to do with this information. This has gone beyond role-play or reconstruction. This is now potentially affecting people's lives and livelihoods in this world. By unanimous vote of the High Council, the Gallifreyan Tradition as it stands now is disbanded. I am sorry it has come to this [...] The Gallifreyan Tradition has fallen" (Isa, 2018 August 14).

It's surreal, reading the vision of me where I perform all of Panopticon's wrongs, and to see GT in a furor over actions they themselves have undertaken. After all, it was Narvin acting on Panopticon's behalf who planted spies in Discord to stalk AUK. It was Panopticon who created smear campaigns, turning a fanfic writer like Secretgal into a pedophilic cult leader. And it was Panopticon exposing me to Draven that risked my livelihood and safety offline. Perhaps what abusers fear most is a reversal in roles, and thus they can't help seeing it everywhere. The words may come from Isa, but the sentiment is all Panopticon.

Isa herself is not long for the presidency. Only a couple weeks later, Isa posts, "I left the Gallifreyan Tradition. Or what's left of it. This whole thing with LB exploded to the point that I couldn't command the respect of my own Council. It was 'suggested' by 'Rassilon' [of Panopticon] that I step down from the Presidency for six weeks for my own mental health and to 'find

myself.' Which is hilarious coming from one of the people who was instrumental in breaking me down in the first place. I left. I knew exactly what would happen in those six weeks. In fact, it took exactly four days for what I feared was going to happen to actually happen. The one responsible for the whole mess [Panopticon] was invited right back in to GT, and the rest of the people in it were essentially told to not worry their pretty little heads about anything" (2018, September 4). Raven, the councilor who was there laughing when Cass was bragging about their revenge on me, becomes the next President of what remains of GT (Gallifreyan Tradition Society, Unknown Date B).

Isa mends her ties with HIY, joins New Gallifrey and starts healing. She's angry, and who can blame her? "Those who tried to abused [sic] me [...] would say that they tried to heal me. That is a joke. They kept me dependent on them, as any good cult will" (2018, October 13). Who would know better than someone as deep on the inside as Isa, who was not just GT's president, but Panopticon's roommate (Panopticon, 2018 May 16b) and financial support (Panopticon, 2018 July 2) as well? If Isa says that the Gallifreyan Tradition Society is a cult, then I believe her.

Once I calm down, I realize that Isa is not at fault for Panopticon putting me at risk. She seems to have had nothing to do with it, and yet she ended up the scapegoat, carrying the weight of the responsibilities that Panopticon refused. Realizing that her position was an impossible one, and that she probably had to take the brunt of Panopticon's rage as their roommate, I publicly apologize to her at her request (Lee, [2018 August 26](#)).

The Gallifreyan Tradition Society starts to disappear. The offline households, Aesculus and Lavendula, shut down and disperse (Isa, 2018 December 29; Unknown Author Unknown

Date D). All of the pages--the Patreon, the Facebook group, the radio show--are abandoned, locked, or purged. By all obvious metrics, the group no longer exists.

The harassment has continued since the summer, of course, despite Panopticon's theatrical performance of never forgiving themselves for what they did to me. On January 15th, I learned that Panopticon or one of their circle filed an incident report on me at Arisia, claiming that I "may be planning to distribute one or more books [...] that allegedly contain defamation and intellectual property violations, and that the reporter has been doxxed, stalked, and harassed in relation to these works" and that I must "refrain from distributing Cultiples #1 or #2 at Arisia 2019" (private communication; screen-cap available upon request). It never came to anything, and I managed to use the publicity to throw a "cursed book sale" and sell off the rest of my Cultiples #2 print run, but it was still stressful.

The Arisia staff did not tell me who reported me (as is only reasonable), so naturally I thought it was Draven. But then I realized it couldn't be. If it had been Draven, the complaint would've solely been about Cultiples #2; Draven would rather eat their own eyes than share the agony spotlight with anyone else. The only person who has ever cared about Tristan's honor, who has ever claimed I was the one preying upon him, was Panopticon. And for bonus discomfort, I was informed of the Arisia charges only two days after I made any announcement that I would be there at all; clearly, Panopticon is keeping a careful eye on me. I've forewarned events staff at every event since, and had no more problems.

But Panopticon (and the GT) aren't done.

# **SO YOU WANT TO BE AN ALMSIVI DEVOTEE: ARCADIA NOVA AND THREE HEARTS SANCTUARY**

Roughly three months after the ostensible fall of GT, President Raven creates some Wiki pages for Arcadia Nova, "a cultural reconstruction group dedicated to the adaptation and resurrection of the positive aspects of Gallifreyan civilization from Doctor Who" that is "inspired by the best parts of both the GT and New Gallifrey" (Raven, 2018 November 18). GT's collapse is, naturally, discussed in only in the most euphemistic of terms: "disbanded due to misconduct and internal disagreements." I suppose that's one way to describe the hurricane of cult and abuse accusations, threats of violence, and art theft.

Within a month, people catch wind about Arcadia Nova being GT under another name, and the Wiki is abandoned stillborn. But it'll be back, I'm sure.

As for Panopticon, even before their fight with me, things were getting grim, financially. Not long before I request no contact, Panopticon announces that they will become homeless in August: "I adore my roommate [Isa] and would never say a single word against her. However, there are limits to even what she is physically able to do, and that limit is 1 August" (2018, July 2). Friends stage two GoFundMes to raise money for Panopticon to move in with one of their remaining followers (Redacted, 2018 August 19 and 26) and scrape together a new household.

Both gofundmes and the homelessness announcement are misleading. In the homelessness announcement, Panopticon



states, "I'm currently in college, but it's doubtful when or even if my financial aid will be approved," but I have no evidence this is true, and afterward the college thing seems completely forgotten. And in the August 19th Gofundme, the follower writes, "Tali [of Panopticon] is also employed," which needless to say is completely untrue, unless one includes "founder of an apparently no-longer-extant coercive Doctor Who group."

During this time, they purge and abandon all their old accounts, including over two dozen tumblrs. They then reinvent themselves as [ParagonTali](#)/Taliesin/Tali'Zorah, a [Mass Effect fan](#) making [fandom essays](#). I track their new screen names for a week or two, then post publicly about them, and they abandon those as well ([2018 August 30](#)).

Panopticon then reinvent themselves once again, this time in the Elder Scrolls Online fandom under the name TZ or Tilanay Vondrasal... which is an anagram of "Tali vas Normandy," with the stray letters forming "ALM," the canonical abbreviation for Almalexia, the Elder Scrolls dark elf goddess of compassion--more on her in a moment. Panopticon creates a dozen new tumblr accounts to try and completely divorce themselves from their old identities, avoiding any reference of their headmates, Doctor Who, their old friends and enemies, or their previous screen-names. I keep tabs but say nothing publicly, and they don't disappoint me; within short time, they're building a new religious group, this time without the "cultural reconstruction" trappings.

Back in [February 2018](#), Panopticon claimed to know nothing of Elder Scrolls Online pop culture paganism (talosdevotee, circa 2018 February 19). However, by September they're claiming to worship the ALMSIVI, specifically Almalexia, the Goddess of Compassion, who they refer to as "Mom" ([2018](#)

[September 23](#)). In November, they're already vagueposting that "Ayem [Almalexia] fans on Tumblr are Doing It Wrong" (2018, November 28) and roughly a week after that, they post, "There is something slowly forming in my mind. Not quite a fully formed idea yet, but an egg that may soon hatch into one. I've been thinking a lot about initiations and ritual and experimentalism and psychospirituality and the concept of being called to something. About the weird new direction my path has taken recently [...] There's no telling what this is going to turn into. But I look forward to seeing the end result" ([2018, December 5](#)).

Sum total of time since the fall of their last religious group? Less than four months.

A week and a half later, TZ declares, "I'm happy to announce that I've officially started work on the 'So You Want To Be An ALMSIVI Devotee' guide" ([2018, December 15a](#)). They rejoin Dreamwidth, under the name `enigma_enemy_teacher` (2019, December 26). Around the same time, they found the Three Hearts Sanctuary, "an inclusive community for those who have any type of spiritual involvement or devotional relationship with Almalexia, Sotha Sil, and Vivec, from the Elder Scrolls universe, as well as those who are curious [...] a safe space for followers of ALMSIVI to learn from one another's experiences, to compile resources, to answer questions, and to counsel and encourage those in need of it" (Three Hearts Sanctuary, [2019 January 11](#)). They are recruiting new members (Panopticon, 2019 February 20) and have [a publicly open Discord](#), though I'm sure it'll get locked up once this write-up goes public.

And the cycle begins again. I wonder how long it will take for Almalexia to start fronting? If she hasn't already...

## MISTAKES WERE MADE: TACTICS

Panopticon can come off as charming, intelligent, and concerned for the social welfare of others--at times they may even truly be those things. But their malice and spite is staggering, and their actions always expose it, as do the very tactics that provide their cover.

Probably the most noticeable thing is Panopticon's singular vagueness. They make statements with no sources and disguised names that are nigh-impossible to fact-check. To provide an aura of legitimacy, they offer to provide sources, but only rarely give them, and what they do provide tends to be contextless, vague, or irrelevant. I suspect that this is purposeful, because the few times they give specifics, it leads to their ruination. So instead they specialize in giving answers that appear just convincing enough on a superficial level for the reader to fill in the gaps with their own ideas. This also gives Panopticon plausible deniability when caught--they can claim there's been a misunderstanding.

This is more than just lack of obvious citations, or even dissociation or brainfog. AUK admitted their lack of obvious evidence right off, along with their memory issues. However, despite that, their claims were specific and concrete. They could give specific times, tactics, or actions that they or Panopticon took, and these statements could be corroborated and checked, for example: "the day i was admitted to a treatment facility, december 15th 2016, i was planning to swallow an entire bottle of asprin [sic] because i couldn't live with the guilt of 'hurting' cass anymore" (2017, January 23). That's a what, a when, a how, and a why. Panopticon, in contrast, uses statements that give nothing

but an emotional impression. For instance, they spun the Toast of Rassilon into "it's fucked up that you [doctorwhokin] have a monthly special occasion dedicated to harassing an avoidant autistic person over something that they already apologized for" (2017, August 22). That gives a very distinct impression, doesn't it? But it doesn't give anything but a where and a massively distorted sketch of a what, nothing resembling a when, how, or why. Did it happen for five seconds or five years? How long ago? What exactly did they DO? Why and how did they go about it? It sounds like something random jerks on the Internet do, and it FEELS true, but when examined, the statement doesn't truly say anything except how the reader should feel.

This focus on saying things in a way to inspire emotions, rather than share information, also serves another purpose: it allows Panopticon to get people to do their dirty work without outright asking. They never outright ASKED me to ban HIY, or to write up Secretgal, but I still got the message that they WANTED me to.

When I write that, it sounds dubious, doesn't it? Like, how could I know what they really wanted me to do? But when I look at how many people mocked Secretgal's fanfiction and mention Panopticon in it, it becomes clear that yes, that WAS the goal, and a lot of people got the message even if Panopticon never said it outright. It's a normal social thing to imply what you want instead of stating it outright--"that bread looks delicious!" instead of "pass the bread." But in this case, Panopticon wants the bread not only passed to them, but to be able to claim that no, they never ask for the bread; it's all the other person's idea! The plausible deniability is key, the ability to wash their hands of any wrongdoing they get caught in. Remember how eager

Panopticon was to slough responsibility for infiltrating Secretgal on their then-partner-- "it was her idea" (2017, February 24). And the Trump Wank of Rassilon, they blame on AUK: "I never would have even thought of that plan if he hadn't suggested it" (2017, February 2). When Narvin goes public about the doctorwhokin spying ring, it's with the statement, "the spy was my idea, and my idea alone. Not Cass' [sic]" (2017, September 26b). But is this accurate? Are these the actions AUK, Narvin, or the ex-partner would've chosen, had Panopticon not been involved? It seems clear to me that Panopticon were the impetus for those actions, and clearly supported and took active roles in perpetrating them. They just want a get-out-of-jail-free card if caught and called on it.

As long as Panopticon can hide in the fog of vagueness and avoid ever calling attention to what they're doing, their methods of indirect speech works well. It worked on me for over two years! And I don't think it's any coincidence that the Gallifreyan Tradition Society uses an affected, pompous, and circumlocutory style of speech that's hard to read; it allows the fog to continue. However, in the case of someone like AUK, who refuses to be silent or vague or insinuatory back, the strategy breaks down completely. The sunlight slices through the clouds, illuminating what's been hidden.

But getting caught is not the end of Panopticon's world. Indeed, that just leads to a switch in tactics. When the spotlight is turned on their bad behavior, Panopticon immediately looks for a fall guy--preferably someone like Narvin or the ex-partner, who acted on insinuations but not clear orders. This unfortunate wretch becomes the scapegoat, and in the worst cases, Panopticon accuses them of all the tactics they themselves have

done. They accuse Shilo of baking manipulation into GT, HIY of being a Rassilon-worshipping cult leader, me of being an infiltrating spy. I wouldn't be at all surprised if everything they claim Secretgal did were in fact things they themselves have done.

Why do this? Well, on the most basic level, it adds to the chaos and confusion. If both parties are accusing each other of the exact same crimes, who's to know who's right? This allows Panopticon to avoid punishment for their actions, but not only that, if they successfully pull it off, they get to pretend that they are the true victims of the whole situation. Seeing as their favorite scapegoats are their own victims, imagine the horror and agony of being successfully painted as your abuser's abuser, and then harassed, bullied, and abused for years on end because of it! And to top it all off, imagine if this continued abuse is claimed to be actually FIGHTING abuse within the community! It's utterly demoralizing and reality-crushing.

These tactics can be very effective, but Panopticon has a major failing: they gloat. It's not enough for them to win behind the scenes; they need other people to appreciate their cleverness and courage. Had Cass not laughed about Rassilon ban-evading to harass AUK, I never would've known about it. Had Astrid not bragged about kicking out HIY, I would've been left with nothing but a sense of vague unease, not large enough to act on. Had Cass not gloated about setting Draven on me, I would never have even considered they'd do something so stupid, spiteful, and dangerous. Their need to brag and show off is their ruination; it is nigh-impossible to come off looking humble and kind while enjoying hurting your enemy.

When I first parted ways with Panopticon, I thought that they were young and would hopefully grow out of this. But they're an adult, not a child, and their behavior has been nothing but consistent. They've been running cultish groups, bullying people, and propping themselves up as a noble leader for as long as I have online records for them. While they may make motions about caring about egalitarianism and liberation, running their own strictly hierarchical religious group seems to be their desired career, and I doubt they will change unless their old tactics fail to work. Even after the fall of GT, they seem to be going right back to old habits, waiting only a few months until folks' backs are turned so that they can found a new church.

Clearly, they haven't changed. If Panopticon WERE to change, truly change, they would have to do the following:

- Apologize to everyone they have wronged. Not "we've both made mistakes," not "we both need a safe space away from each other," not "you made me do this." A real apology: "This is what I did, this is why it was wrong, I am sorry, and I will not do it again."
- Follow through and not do those things again, nor delete their admissions or apologies.
- Abdicate all power within all groups. Not retire to an ostensibly less powerful position, not puppet from behind the scenes; they must become an average member of the crowd and stay there for a long time. They need to accept boring mediocrity and let go of leadership.
- Stop block-evading. When someone says no contact, they mean it. If they have changed, then they will respect that.

I have no faith that Panopticon will achieve any of these things. But I would love to be wrong.

## EVERYONE LOVES A TRAINWRECK: CONCLUSION

Panopticon lied, distorted, and misrepresented many things. But in the middle of their randomnessmechanic excoriation of me, they did suggest one thing that I agree with: I need to stop doing cultiples work. Because months after their fight with me, now that I'm reassured of my relative safety and have room to breathe, I find myself wondering: why did they want to be my friend?

I am not in any of their fandoms. I am not a role-player, a pagan, or fictionkin. My understanding of my own plurality comes from a far more medical perspective than Panopticon seem comfortable with, while their spiritual perspective is all Greek to me. We both may be plural, but our experiences and interpretations of that plurality are about as far apart as they can get. What on earth did they see in me?

I believe that the sole reason that they wanted to be friends with me was that I wrote about plural cults. That interest was the only one we had in common. I don't know whether they saw me as a mark, a projection of who they wanted to be, or a "big name" who could make them look good, but regardless, I feel used. Panopticon is neither the first nor the last repellent person who has tried to ingratiate themselves with me via my cultiples work. Everyone loves a trainwreck, and that includes creeps and predators.

It's true that I've met some wonderful people through this work. But I've also met awful people. I've been harassed, threatened, smeared, and professionally damaged, though only mildly. At Flamecon, I lost money because I had to exhaust most



of my stamina fighting for the legal right to sell my work, to exist professionally without violence, and not cry in front of my customers. I had to keep event staff apprised of the threats, build action plans in case those threats were acted on, and when I went home, I then had to warn my neighbors not to give any information about me. It was humiliating, degrading, and necessary. I still have a note taped to the entrance of my apartment building, telling people never to let anyone in for me.

All of this was what I expected when embarking on this work--though I anticipated it from Draven, not Panopticon. What I didn't expect was the deleterious effects of creating the work itself. I admit, when I started cultiples work in spring of 2014, I saw it as a spies game, a place where I could be the virtuous hero fighting evil. I was a fool. The more I learned, the more I realized how serious the stakes are. What if a cult leader recognized one of my sources? What if they took revenge on them? What if a troll horde descended on someone because of me? What if I got my facts wrong?

And what about MY motives? Was I in this for the trainwreck, the spectacle, the freakshow? Was I truly helping anybody, or just wallowing in filth? I was spending years downloading hundreds, even thousands of files on people I didn't even like! I was digging around in old library stacks, newspaper archives, calling courthouses and police stations, making spreadsheets and diagrams and lists. I was tracking their movements and accounts the way they tracked their victims, and when I found out that Draven was pants-shitting terrified of me, it was like discovering that I'd frightened the weather. What kind of person was I becoming, that I scared someone like Draven?

Panopticon seems to have seen me as a potential attack dog. Maybe they were right. Maybe I can become the kind of person Draven is scared of, if I haven't already.

But this isn't who I want to be, and this isn't what I want my work to be; it certainly isn't what I want to spend my research skills on. And so it's time to stop and move on. It's been a wild ride, the past four and a half years; thank you for riding with me.

May we all live free of undue influence one day.

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# PANOPTICON'S HANDLES AND SCREEN-NAMES

Sorted by alphabetical order; active handles (2019/03/20) in green. Tumblr:

Almsivi-official (active)	othersoulsondiscord (active?)
alterhumanabusesupport	Outreach-director-everett
apprehensiveacolyte	panopticoncooperative
ask-iris-the-virus (active)	panopticoncooperative-moved
asksanctuaryverse	paragontali
askthejanusprogram	Paragontali-personal
Autistic-brigid-tenenbaum	prodigalutopian
autistic-prydonian	punkapostate
buriedinarchitecture	pythialamb
buzzingshrine	queryingthematrix
childrenofalmalexia (active)	rassilnoms
dancingintheblack	soulbondedpsychic
daughterofayem	soulbondedsecretworlder
dominxtemporis	syelle-and-stuff
dragonofcarcosa	technologicalapotheosis
Dreaming-of-the-second-sun	The-sharing-official (no longer under Panopticon's control)
Dwkinfessions-reloaded	theendingofthewords (active)
eldritcheventzero (active)	theliminalwitcharchive (active)
exchristiantimelord	themotherofrapture
fucksocialskills (deleted, claimed by porn spambots, DO NOT GO THERE)	thenostalgianerd
gallifreyacademyadventures	thesanctuaryverse
Gallifreys-guardian	thesystemofrassilon
Gt-moved	threeheartssanctuary (active)
Gt-society	This-is-totally-plural
houseaesculus	timeladycass
intuitivehacktitude	tinyshinytimelord
juniperfiction	To-reach-the-farthest-star
Love-is-the-great-rebellion	Tr9ll-pr9metheus
lovecraftiangallifreyan	vas--nar
nar—panopticon	vas--panopticon
neurodivergentsylar (active)	Vas-mayra
officialprydonchapter	xstarwanderingx



## Other Platforms/Names

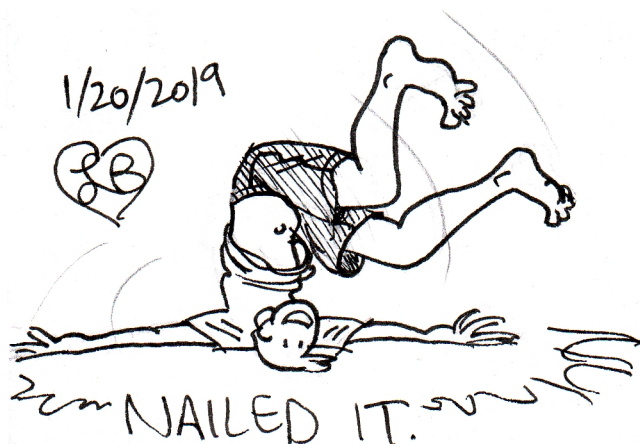
456atemyhomework  
aa\_oakdownc  
[Almalexiaschild \(active\)](#)  
[almsivi \(active\)](#)  
[AlmsiviOfficial and variations thereof \(active\)](#)  
apprehensiveacolyte  
Cassandra Frey  
Cassandra Oakdown and variations thereof  
CassandraOrwellSchmidtOfGallifrey  
cassandrascreations42  
[clockworkspacebean \(active\)](#)  
[Congratulations on having no empathy](#)  
corvalisprydonia  
cprydonia  
daughterofgallifrey  
[enigma-enemy-teacher \(active\)](#)  
[everydayanexperiment \(active\)](#)  
Gallifreyan Tradition Society and variations thereof  
[intuitivequarian \(active\)](#)  
legacyofgallifrey  
neuropatrician  
ourSanctuary  
Panopticon  
paragontali and variations thereof  
[piesexualsylar \(active\)](#)  
probably-not-rassilon  
proudprydonian  
PrydonianBrowncoat  
prydonianquarian  
r4551l0n and R4551L0N  
radiantpatrician  
radiofreearcadia  
System of Rassilon  
talIzorah (used by other people unaffiliated with Panopticon)  
ThatOnePrydonian  
[tilanay \(active\)](#)  
[TZ Gray and variants \(active\)](#)  
vaspanopticon  
verumaeternus  
[y'all motherfuckers need Almsivi \(and variations\) \(active\)](#)

## PRYDONIAN REVENGE

In 2015, Cassandra Oakdown of Panopticon started their own Doctor Who religion/cultural reconstruction project, the Gallifreyan Tradition Society. In its three years of existence, they used this group to embark on harassment campaigns of their critics, ex-friends, and ex-followers, leading to attempted suicides, mental hospitalizations, and threats of offline violence. One of the targets of those campaigns was (and is) me.

This write-up covers some of the harassment campaigns that Panopticon has embarked on as an adult, and how I got excommunicated from a not-religion I was never a part of.

### ABOUT THE AUTHOR



LB Lee is a multivarious entity who makes mental health comics, draws pretty pictures, and writes about reality melting. They regret this project, and they are relieved it is finally over, so they can focus their research and writing on other, happier things.

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